



Remembering the Holocaust

Service commemorates the victims of genocide

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The Quinn of gardening

Patricia collects top award at Tower Hamlets in Bloom

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Places to go, things to do

Your guide to what's on in the borough this month

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ISSUE 995 3 - 9 FEBRUARY 2014

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Grant to restore WWI memorials

PAT'S ALL FOLKS



VICTORIA Park One O'Clock Club play and learning worker Pat Warren is putting her feet up after almost 50 years. Among those at her retirement party last Friday was colleague Debbie Taylor (right) whose daughter Rachel and twin granddaughters Neave and Ava have all benefited from Pat's care and expertise. See page 3.

Church thrilled by Lotto cash

BY RAJU MIAH

BOW Church has been given £9,400 to honour the men and women of Mile End and Bow killed in action in World War I.

Two memorial plaques, a wooden memorial and a battlefield cross in the church's chapel will all be restored.

The work will be funded through a grant from the Heritage Lottery Fund's First World War: then and now programme.

The award will also fund research into the lives of the 88 people named on the memorials – the youngest of whom was just 17, the oldest 43.

The deaths of twins and several brothers are recorded.

Church rector the Rev Debbie Frazer said: "Bow Church has stood in the middle of this community for 700 years. The community's history is told in the fabric of the building.

"We are thrilled the Heritage Lottery Fund has chosen to support our project to deepen understanding of the impact of

World War I on Mile End and Bow, and to remember those who lost their lives."

The memorials carry the names of residents who died in far-flung places including Macedonia and Africa, and on ships torpedoed by U-boats in the Atlantic.

Their occupations included dockyard policeman and deputy chairman of the Bryant & May factory in Bow.

The grant will also help fund a project aiming to deepen understanding of the impact the conflict had on the community.

Research will be carried out working with East London History Society, Tower Hamlets Rifles Old Comrades Association, Tower Hamlets Local History & Archives, the National Archives and the War Graves Commission, and attempts will be made to trace relatives.

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The day of liberation

January 27 is the anniversary of the liberation of Auschwitz-Birkenau, the largest Nazi death camp.



Recognised the world over

Holocaust Memorial Day has taken place in the UK since 2001. It was recognised as an international day of commemoration when 46 governments signed the Stockholm Declaration in 2000.

WWW.HMD.ORG.UK

News

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Faiths unite in tribute to Holocaust victims

BY SHALINA HUSSAIN

COMMUNITY and religious leaders paid their respects to victims of genocide at a service to mark Holocaust Memorial Day.

The annual Interfaith Commemoration Service, supported by the council, took place at East London Central Synagogue in Nelson Street, on January 26.

Based on this year's theme of Journeys, the event featured music, poetry and reflections on building bridges in the community from different religious perspectives.

Holocaust Memorial Day is held every year on January 27 to honour the victims of the Nazi persecution of the Jews in World War II and other genocides around the world.

Mayor Lutfur Rahman said: "The theme of Journeys incorporates the life stories of many Holocaust survivors in addition to other communities who have travelled to the UK.

"I am proud of the community cohesion that we have in our country and the building of bridges between diverse and marginalised communities.

"It is something that is precious and is at the heart of what's special about Britain. It is also something that needs protecting and nourishing."

Deputy Mayor Cllr Ohid Ahmed added: "It is important to not only remember the suffering inflicted during



The service was a chance to remember all victims of genocide



Deputy Mayor Cllr Ohid Ahmed lights a candle



A musician at the service

barbaric events, but to make a commitment to eradicate all forms of discrimination, racism and hatred."

Mayor Rahman attended a service at City Hall to pay his respects to survivors of the

Holocaust and highlight the fight against injustices around the world.

The council supported a several other events, including walks and film screenings.

A collection of paintings by

philanthropist Rose Henriques, who with her husband Sir Basil founded the St George's Jewish Settlement in Stepney, is on display at the Local History Library in Bancroft Road, Mile End until March 6.

Inside this week's issue

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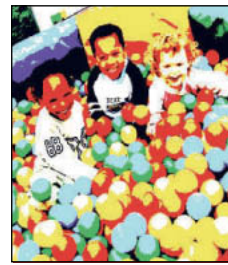
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Confidential help and support

The Ashiana Network offers confidential and culturally specific support to clients. It aims to empower the women and young people to make informed choices and decisions about their future.

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Kids' stuff

Info about sessions run by local children's centres can be found at:

WWW.TOWERHAMLETS.GOV.UK

News

WHEN Pat Warren started working for a council-run playgroup in 1967, it had no running water or toilet facilities – fairly typical for playgroups at the time. She launched the One O'Clock Club in Victoria Park in 1974 and, forty years, on, she has finally decided to retire from her role as a play and learning worker there. Debbie Taylor has known Pat for 34 years as both her children and grandchildren have attended the centre. "I met Pat when my son was six months old – he's now 34!", she told East End Life.

"And when he started school, I took my daughter to the One O'Clock Club. She's 30 now, and she brings her children to Stay and Play sessions with Pat. "Pat is a very caring person and has a wonderful way with the children and this is one of the reasons why myself and my children wanted to keep going back. "She is well known for her singing, and will do anything to help you. She will be missed." The One O'Clock Club runs every week day in Victoria Park, and is part of Overland Children's Centre.



News in brief

Man dies in fall from Wharf bank

A 39-YEAR-OLD man fell from a building at Canary Wharf early on Tuesday morning.

Police were called at about 8am on January 28 to reports that a man had fallen from the JP Morgan building at 25 Bank Street and landed on a ninth floor roof.

London Ambulance Service and London Air Ambulance attended but he was pronounced dead at the scene.

His name had not been released as East End Life went to press but the next of kin have been informed.

The death is not being treated as suspicious.

Uni is top ranking

QUEEN Mary, University of London has been named one of the most international universities in the world in the Times Higher Education World University Ranking 2013-14.

The university boasts more than 150 nationalities currently studying or working on its campuses in Tower Hamlets and ranked joint nineteenth in the recent charts.

To celebrate the achievement, Queen Mary will be hosting its largest International Scholars Reception this Thursday, February 6, welcoming over 250 international students, staff and embassy representatives to recognise the important contributions overseas students make.

Victim praised for bravery as rapist jailed for 17 years

BY STAFF REPORTER

A MAN who used emotional blackmail and the threat of shame to carry out a concerted campaign of sexual and emotional abuse on his victim has been jailed for 17 years.

Mohammed Fakhru Islam, aged 33, of Stewart Street, Isle of Dogs, was found guilty in December of three offences of rape, one of battery and one of voyeurism. He was sentenced at Snaresbrook Crown Court last Thursday, January 30.

The court heard how he befriended his victim when she moved to the UK in 2010, aged 18, to study.

He became threatening when he saw her talking with other men and, late in 2010, Islam took her to a friend's house where he told her she had to have sex with him or he would contact her parents and inform them they were in a relationship and that her reputation would be ruined.

She sought help from one of Islam's friends but he refused and told her to return to Islam, who then dragged her into a bedroom and raped her. Unknown to her, he secretly filmed

the attack on his mobile phone.

A week later Islam told the victim they were now in a relationship and could have sex often.

He also told her he had footage of the earlier incident and that, if she refused to have sex, he would show it to her family and post it online, implying she was a prostitute. He also threatened to kill her if she went out with any other man.

He raped her a second time, again recording it, and threatened that he would force her to have group sex with his friends if she did not obey him.

In February 2013, she began to suffer from depression as a result of the continuing abuse and her studies began to suffer.

After a third rape that year he told her: "I am so lucky, I am so happy. I am controlling your life."

He later took her to work but, after her shift, she asked a male colleague to walk her out as she feared Islam would be waiting outside, which he was.

Islam approached them and tried to get the woman to leave with him but, when she refused, he attacked her and her colleague – strangling her and assaulting the man with a set of

keys – before fleeing the scene.

Her colleague convinced the victim to report the matter and she revealed the years of abuse she had endured.

Islam was arrested on March 5, 2013 and later charged.

Following the sentencing last week, Detective Constable Caroline Horden said: "The victim has shown great strength of character, she found the courage to come forward and speak about her terrible ordeal and because of this a very dangerous individual has been brought to justice."

The victim has been supported by the Met's Sexual Offences, Exploitation and Child Abuse Command and by the Ashiana Network – a charity which supports victims of abuse within Asian, Turkish and Iranian communities. She also received help from The Havens in Whitechapel.

If you need help, call: Ashiana Network on 8539 0427 or Whitechapel Haven on 7247 4787.

In an emergency, call 999.

More numbers on page 19.



Mohammed Fakhru Islam

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Problems that can't be ignored

If you have problems paying your bills, don't ignore your debts. Free independent advice is available from CAB, Toynbee Hall, Island Advice or other local advice agencies.

MORE DETAILS BELOW

News

The rising cost of energy, food and housing is putting extra pressure on people's finances so now is a good time to get your finances in order and seek free help if needed. The council's financial inclusion team has some tips for residents.

MANY people are struggling to make ends meet and while it may not be possible to easily increase your income, you may be able to cut your day-to-day expenses and reduce some non-essential expenditure.

A number of basic tips are outlined below that may help.

■ Draw up a personal budget listing all your monthly income and outgoings. You can get help with this at www.nationaldebtline.co.uk and www.moneyadvice.service.org.uk

This will help you identify if there is anything you can do without or if there any regular expenses that you can reduce.

■ Check you are getting the best deal from your supplier – you could consider switching energy suppliers, change your insurers, switch your broadband provider, change your mobile deal and shop around for cheaper services.

Citizens Advice consumer service provides a list of approved online price comparison websites at www.adviceguide.org.uk

■ Don't borrow more to pay off existing debts – some payday loans charge the equivalent of more than 4,000 per cent in annual interest. It's far better to seek advice and to try to reduce your spending.

■ If you do need to borrow money but are unable to get a bank loan, credit unions can help. There are three branches of London Community Credit Union in the borough. For details see www.londoncu.co.uk or call 7729 9218.

■ If you still have problems paying your bills, prioritise which payments you make. Paying the rent or mortgage is more important than paying off your credit card.

If you are having problems paying your bills, don't ignore them. Contact your creditors to make arrangements and seek independent free advice from CAB, Toynbee Hall, Island Advice Centre or other local advice agencies in the borough.

Citizens Advice Bureau

MORE people than ever before took out payday loans as a last resort to pay for Christmas last month.

But money troubles don't go away by themselves, so if you're struggling to pay your bills, act quickly and seek advice.

There are many online tools available – www.adviceguide.org.uk has lots of information including a budgeting tool.

For those who prefer a little more support, or who don't use the internet, your local CAB can help.

Ali Halil, supervisor at Tower Hamlets Citizens Advice Bureau, explained: "We can help. If you are in debt, we can assist you in drawing up a budget. We can check to

It pays to seek help when you can't make ends meet



An advice session at Toynbee Hall

see if you can increase your income in any way, such as by claiming extra benefits or tax credits or by correcting tax codes.

"We can then make sure you aren't paying over the odds for things like gas and electricity and show you how to prioritise your spending to make sure there is money for essentials like rent, mortgage, energy bills and council tax.

"And if you are in debt we try to help you work out an affordable payment plan to present to your creditors.

"If you have very little income left after paying your essentials, many non-priority creditors (such as credit card companies) are willing to accept smaller monthly payments. And even if you have no money to offer, there are still options available."

He added: "At CAB we offer free confidential advice that is independent. We won't judge you and there is no need to feel embarrassed. Please don't suffer in silence."

THCAB is based at 32 Greatorex Street, Whitechapel. You can also email towerhamlets@eastendcab.org.uk or call 7247 1050 or the advice line on 0844 826 9699.

Toynbee Hall

LAST year the Toynbee Hall debt advice team helped more than 1,000 local people

deal with debt problems. In addition to their general debt advice, its Tenancy Talks Tower Hamlets programme offers one-to-one support for private tenants affected by the changes in the welfare system.

Dolly Galvis, head of advice services at Toynbee Hall, said: "We have experts trained to support and advise people with debt issues.

"We understand how stressful financial issues can be and do everything we can to help the people who come to us."

Dolly added: "The message from all of us at Toynbee Hall is don't struggle with debt and financial issues alone. We have people who can see you as a matter of urgency – either call us or come and see us at one of our advice surgeries."

If you need help with debts or financial issues call the advice team on 7392 2953 or email advice@toynbeehall.org.uk

East End Energy Fit Team

AS many families struggle to pay rising fuel bills this winter, some may find they are getting into debt with electricity and gas bills as costs spiral out of control.

The East End Energy Fit Team at Bromley by Bow Centre can help clients with fuel debts, and provides advice on reducing en-

Where to go for help

Citizens Advice Bureau –
32 Greatorex Street, Whitechapel, E1
Tel: 7247 1050

www.eastendcab.org.uk

Island Advice Centre – Island House,
Roserton Street, Isle of Dogs, E14
Tel: 7987 9379

www.island-advice.org.uk

Toynbee Hall Debt Advice Service –
28 Commercial Street, E1
Tel: 7392 2953

www.toynbeehall.org.uk

East End Energy Fit Project – Bromley
by Bow Centre, St Leonard's Street, E3
Tel: 8709 9737

www.bbbc.org.uk

National telephone helplines and websites

National debt line – 0808 808 4000

www.nationaldebtline.co.uk

StepChange debt charity – 0800 138 1111
www.stepchange.org.uk

ergy usage checking tariffs and changing supplier.

They can also help residents with fuel debts meet one-off expenses for example with grants for cookers or washing machines.

The team assisted more than 600 households in the past year.

If you or someone you know is struggling to pay back your debt or would like some help in reducing your bills, contact the East End Energy Fit Team at eastendenergyfit@bbbc.org.uk or call 8709 9745.

T.H.E. Community Power

The council is also helping residents access cheaper energy through T.H.E. Community Power.

By buying energy in bulk, the co-operative gives people the chance to switch energy providers and benefit from a cheaper energy tariff.

All they have to do is sign up to express their interest in switching energy provider.

The scheme is open to everyone and the more households that sign up, the cheaper the rates.

To register an interest, with no obligation to switch your energy provider, call 0800 5088364 or go to www.towerhamlets.gov.uk/energy for more information.



Our Past, Their Future

The exhibition is part of a three-year project with George Green's School and Streets of Growth, a charity which encourages young adults to stay in education and away from anti-social activities.

WWW.STREETSOFGROWTH.ORG

Did you know...

From April 2016 it will be compulsory for all dogs to be microchipped. See the free offer on page 18.

News



TALENTED young artists from George Green's School on the Isle of Dogs have exhibited their work at the headquarters of HSBC. Supported by award-winning charity Streets of Growth, the students have been working since October to produce artwork based on themes such as War and Travel. They were given privileged access to examine artefacts in the bank's archives, a historical collection including staff registers, photographs, maps, passports, diaries, notebooks and paintings. The fruits of their labours



(Top) Young artists and Streets of Growth. (Above from left) Art by Aftarul Islam, Renel Clarke and Elizabeth Bellinger



were hung last week at HSBC's offices in Canada Square, Canary Wharf. The young artists involved were Courtney Linford, Elizabeth Bellinger, Renel Clarke, Iman Ahmed, Aftarul Islam and Jamie Kennedy.

The project is part of the wider Routes to Roots programme, supported by HSBC in the Community, which aims to use HSBC's art and archives to encourage achievement and ambition in schools.



A lasting tribute

Councillors agree to remember Nelson Mandela's legacy

BY STAFF REPORTER

COUNCILLORS paid tribute to Nelson Mandela at last month's meeting of the full council – and they called for a road to be named after him on the Queen Elizabeth Olympic Park.

At the meeting on January 22, members agreed to ask the mayor of London and the London Legacy Development Corporation to name a street on the park "in recognition of sport's power to unite communities".

Council officers will also look at options for a permanent tribute in Tower Hamlets to Mr Mandela, who died, aged 94,

on December 5 last year.

Councillors agreed that Tower Hamlets mayor Lutfur Rahman should allocate a budget from the Community Events Fund for an educational project for local schools, focussing on Mr Mandela's legacy, during Black History Month in October.

And they resolved to remember Nelson Mandela at every relevant occasion "to remind the young of the borough of the importance of both fighting for their beliefs and reconciliation".

Cllr Carlo Gibbs, who suggested the proposal to name a street on the Olympic Park, said: "Nelson Mandela's life and legacy has had a profound impact upon people around the world.

His actions and attitude inspired millions, just as the athletes who competed at the Olympic Park did.

"Like Mandela, sport has a unique ability to bring people together. Naming an Olympic Park street after him would remind people that the Olympics wasn't just a celebration of sport, but also of the things which unite us."

Cllr Rabina Khan, the cabinet member for development and renewal who initially proposed the motion for a tribute to Mr Mandela, said: "Nelson Mandela's legacy for me is about being proud of who I am and having the courage to stand up for one's rights and injustice against provocation and inequality."

Welcome in the Chinese New Year

THE contributions of the Chinese community in Tower Hamlets and beyond will be showcased at the Ecology Pavilion in Mile End Park next week.

The event, supported by the

council, is being held to mark the Chinese New Year of the Horse and includes the screening of a short documentary, CHINA.TOWN.

Made by the Euro Asia Youth Association (EAYA), the film

looks at the social and economic history of Chinatown from Limehouse to the modern day.

Go along to the Ecology Pavilion in Haverfield Road, E3 on Friday, February 14 from 6.30-8.30pm.

A SPITALFIELDS chippy has been voted the best independent fish and chip restaurant in the country. Poppies Fish & Chips in Hanbury Street won the accolade in the 2014 national Fish & Chip Awards and was presented with its award at the Lancaster London Hotel on January 22. The restaurant was described as a "wonderful example of how fish and chips can best be enjoyed in a restaurant setting". Poppies' owner Pat Newlands, who has been serving fish and chips in the East End for most of his life, said the award was a huge honour which was down to



the "tremendous team" at the restaurant. "At Poppies we put so much in to the entire experience, from our fish of the finest quality which is prepared on the premises by our on-site fishmonger, to our friendly

'Poppettes' waitresses dressed in wartime 'land girl' outfits and vintage-style décor," he said. "It is important that our customers leave happy, full and eager to repeat the experience."

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7364 5014

How to contact Mayor Rahman

The mayor's web pages can be viewed at www.towerhamlets.gov.uk/mayor or email him at mayor@towerhamlets.gov.uk or call 7364 4993.

WWW.TOWERHAMLETS.GOV.UK

News from the Mayor

Different but united

LAST week community and religious leaders from across Tower Hamlets paid their respects to the victims of the Holocaust at an interfaith service on January 26 to mark Holocaust Memorial Day.

Since I had attended the City-wide event the week before, my deputy Cllr Ohid Ahmed took part in the service at East London Central Synagogue in Nelson Street. The event featured music, poetry and reflections on building bridges in the community from different perspectives including Christian, Hindu, Muslim, Jewish, Catholic, Sikh, Bahai and Buddhist. This forms part of a programme of events up to February 4.

In many ways these events epitomise the One Tower Hamlets approach that we have taken in Tower Hamlets – we respect our different histories while valuing our similarities, and I am proud of the community cohesion that we have in our borough. It is something that is at the heart of what's special about Britain and needs preserving.

I welcome the fact that the police, local electoral staff and the national Electoral Commission have taken steps to ensure the forthcoming elections are



LUTFUR RAHMAN | MAYOR OF TOWER HAMLETS

free and fair. It is good news that all parties have indicated they will sign up to the new protocol.

Last week a tea dance for over-50s was held to signpost services and was an opportunity to bring older residents together. More than 400 people came out to dance at the Troxy. Three more events will be held over the coming weeks – see page 10.

As well as consulting on our budget proposals for 2014-15, the council has received many innovative ideas from our 17 community ward forums on how to spend the £10,000 allocated to each area. This truly is putting power into residents' hands.

Tower Hamlets has a long-standing Chinese community and I wish all those celebrating Chinese New Year best wishes for the coming 12 months.

Mayor Lutfur Rahman



BY MEHREEN HUSSAIN

RESIDENTS who register for the next energy switching auction could join the hundreds of households already saving an average of £130 on their annual energy bill.

T.H.E. Community Power is the council's energy-saving scheme, which was launched in 2012 to give residents access to information and advice on how they can be energy efficient and save money.

The scheme has helped residents to ensure they are getting the best value out of their energy providers by joining up with the London-wide switching campaign, the Big London Energy Switch.

Using an auction-style system, energy companies are allowed to put forward their most competitive rates, thereby bringing cheaper energy tariffs to anyone who has registered their interest.

The last auction was held in November 2013 and residents

saw an average saving of almost £130 per year on their energy bills if they decided to switch provider, with most people seeing savings of around £160.

The next auction is on Tuesday, February 18 and there is still time to sign up.

Residents need to register by Monday, February 17, either online by 11.59pm or by calling freephone 0800 508 8364 by 5pm.

Mayor Lutfur Rahman said: "At a time when residents are concerned about the cost of

living and rising energy prices, T.H.E. Community Power scheme allows us to help residents become more energy efficient and save money.

"If you haven't already done so, I recommend taking part in the next auction to see how much you could be saving."

To register your interest now, with no obligation to switch your energy provider, call 0800 508 8364 or go to www.towerhamlets.gov.uk/energy for more information.

Mayor Lutfur Rahman took to the dance floor at the council's New Year tea dance held at the Troxy, Limehouse, last Monday, January 27.

The mayor said one of the highlights for him was meeting 92-year-old Patricia Thompson (pictured on page 14), who was mayor of Tower Hamlets in 1981-82.

■ See pages 10 & 11.



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Free Valentine's Message!

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Send your Valentine's message by post to: Valentine's Messages, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, London E14 2BG or fax: 020 7364 4384 Tel: 020 7364 4682 or email: terri.knight@towerhamlets.gov.uk

Messages received after 1pm on Tuesday 4th February 2014 will not appear

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LUTFUR RAHMAN | MAYOR OF TOWER HAMLETS

My diary

Thursday, January 23

A number of residents attended my regular weekly surgery at Idea Store Whitechapel with a range of concerns such as housing and anti-social behaviour. I will be following up the enquiries with the relevant officers.

Saturday, January 25

In the afternoon I attended the Spring in to Health event at the St Paul's Way Medical Centre. It was a fun-filled day for the family with entertainment, henna artists and face painting, as well as

various health services including diabetes checks.

Monday, January 27

I was pleased to attend the tea dance event organised by the council at the Troxy. It was a huge success and it was lovely meeting all the elderly residents who attended.

Tuesday, February 4

I will be attending the re-launch of the Unite Centre on Cable Street which provides a number of support and information services to residents. I'm delighted this centre is up and running.



Good connections for business students

Tower Hamlets College has been rated as good by Ofsted, which also graded its business course provision as outstanding, particularly its partnerships with companies in Canary Wharf.

WWW.TOWER.AC.UK

Under-age sales

The council has a scheme to educate traders against selling alcohol and cigarettes to children and young people.

News

Fine for Olympic arch head injury

BY SARAH MCLAUGHLIN

A DISPLAY company has been fined £30,000 for health and safety breaches following an accident during the London 2012 Olympics in which a 37-year-old woman suffered head injuries.

The prosecution resulted from an investigation by the council's health and safety team following an incident at Wood Wharf, near Canary Wharf, which had been set aside as a temporary marina for superyachts during the Olympic Games.

The court heard Icon Display Limited had erected demountable structures and flags, including a large arch to which a PVC banner was attached.

On the afternoon of August 15, 2012, the woman was crossing the Wood Wharf site when one of the structures over the entrance to the marina site blew over.

She was struck by the arch metal frame to which the large banner was attached, causing head injuries and pinning her to the ground.

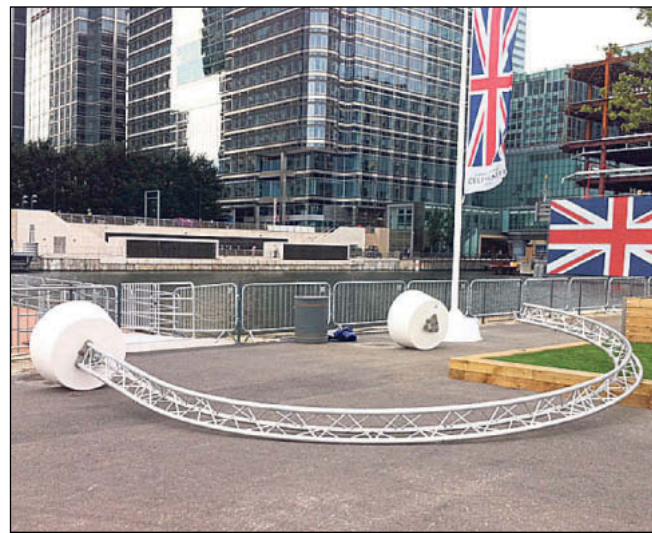
She was taken by ambulance to hospital and has not

returned to work since because of the injuries that she received.

Subsequent investigations by the council's health and safety team found that the risk assessment produced by Icon Display Limited did not accurately calculate the wind loading that the arch structure could withstand.

The calculations that had been produced were actually for a flag pole and not for the much more substantial arch and banner system.

Icon Display Limited, of Victoria Street, SW1, pleaded guilty to two charges under the Health



The arch and banner structure that blew over

and Safety at Work Act 1974 and associated regulations at a hearing at Thames Magistrates' Court last December.

On January 17, the company was fined £30,000 at Snaresbrook Crown Court, ordered to pay £6,206 in costs and a £15 victim surcharge.

Deputy Mayor Cllr Ohid Ahmed said: "Unfortunately this was an accident waiting to happen; it should have, and could have, been avoided.

"We hope this verdict will remind businesses of the importance of good health and safety management."

News in brief

U18 tobacco fine

A MINI supermarket has been fined for selling a tobacco product to a person under the age of 18.

Juael Mirza, director of Mirza Supermarket Ltd, trading as Weavers Fields Mini Supermarket, Dunbridge Street, Bethnal Green, pleaded guilty to selling tobacco to a minor at Thames Magistrates' Court on January 9. Mirza Supermarket Ltd was fined £770 and ordered to pay costs of £782.

The council recently launched the Underage Sales and Responsible Traders Scheme which aims to educate traders against selling age-restricted goods such as cigarettes, alcohol, aerosol paint and blades to children and young people.

Call 7364 5008 or email tradingstandards@towerhamlets.gov.uk

Innovative story telling



A MODERN and innovative telling of the story of Christ's birth was premiered on the Aberfeldy estate last weekend.

The Poplar Nativity was based on the concept of the medieval mystery plays that set the bible stories in contemporary society using the local language and references.

A collaboration between Caste Away Arts, a theatre company

that uses drama to break down social barriers, and Aberfeldy Drama Group based at St Nick's Church in Poplar, it was performed in the church on January 25 & 26.

Rena Dipti Annobil and Hayley Thomas, both members of St Nick's, devised and wrote the play which was performed by members of the congregation of both St Nick's and All Saints churches.

Polish visitors impressed by TH College

A DELEGATION of teachers and professionals from schools in Poland visited Tower Hamlets College to find out about its teaching facilities and methods.

Part of an EU-funded programme encouraging schools and colleges from across Europe to share their ideas and experiences in vocational training and education, the visit on January 24 was arranged under the auspices of the EU's Leonardo da Vinci project.

The visitors, from secondary schools in Rydułtowy, saw the college's teaching facilities including its hair and beauty salon, science labs and technical workshops, and enjoyed a traditional fish and chips lunch prepared by catering students at the college's Canary View restaurant.

The visitors commented on how impressed they had been with the college's flexible curriculum and commitment to inclusiveness.

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Finding children a loving home

It is sometimes necessary to find adoptive parents for a child. In such instances, our social work team steps in to offer that most fundamental of all requirements – a loving home.

SEE BELOW

Useful information

Adoption 'brings joy into your life'

News from the council's education, social care and wellbeing directorate

THE GCSE results for 2013 have finally been published by the Department for Education and Tower Hamlets shines out as amongst the best.

We should all be proud that 65 per cent of students achieve five grades A*-C including English and maths. This is better than inner London (63 per cent) and nationally (59.2 per cent for all schools, 60.8 per cent for state-funded schools).

Also, Tower Hamlets pupils make better progress in English and in maths than other schools nationally. Our English Baccalaureate results are now in line with national performance.

This is a terrific achievement by Tower Hamlets schools and is the result of a huge amount of work by everyone concerned: teachers, head teachers, parents, councillors, council education officers, school support staff and the young people themselves.

Tower Hamlets, once the worst performing education authority in the country, now has a reputation for educational excellence which is recognised internationally.

In December an independent academic report, Transforming Education for All: the Tower Hamlets Story, analysed how the council had developed its schools from being the worst in 1997 to achieving the kind of impressive results we have highlighted above.

The turnaround has been due to a whole range of factors, including a relentless focus on data for individual students, attracting and retaining high quality teachers and improving literacy at primary school so standards would therefore later improve at secondary school.

This long-term vision is paying dividends for our young people today, and the report authors said Tower Hamlets now has some of the best urban schools in the world.

Yet there is more to helping children than just offering great education. We have a duty to help children to fulfil their potential, and on occasion this can mean intervening even before they reach school age.

Unfortunately it is sometimes necessary to find adoptive parents for a child because it is not safe or in the child's best interests for them to stay with their birth family. In such instances, our social work team steps in to offer that most fundamental of all requirements – a loving home.

Everyone reading this will recognise the need for a child to grow up surrounded by love and support, and this is why we have recently launched the Muslim adoption campaign. This particular initiative is aimed at addressing a specific need within the Muslim community, but the adoption and fostering team is always delighted to hear from anyone who wants to find out more about offering a home to a child who needs one.

Our corporate director Robert McCulloch-Graham has adopted two children and he says: "These kids have had a rotten start in life, giving them a second chance in your family throws them a lifeline. It also brings joy to your own life, for us and our grown up kids it's been fantastic getting Christmas back with two very excited youngsters!"

"Our staff and I are ready to answer any questions you might have, so if you are contemplating adoption, pick up the phone for a chat."

To find out more about the adoption process, contact the council's experienced and friendly advisers on 0800 279 9850 or www.fosteringandadoption.co.uk

Bengali-speaking advisers are available.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street:

Mon-Fri 9am-8pm,
Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 (or 25 for those with additional needs) including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14. fis@towerhamlets.gov.uk 7364 6495

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgale Street, E3. 8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-1pm. 7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3

1-9 Birkbeck Street, E2. 7739 7720 www.account3.org.uk

Bangladesh Youth Movement

21-23 Henriques St, E1. 7488 1831/2

Bromley by Bow Centre

St Leonard's Street, E3.

8709 9737 www.bbbc.org.uk

Citizens Advice Bureau (CAB)

32 Greatorex Street, E1. 7247 1050 www.adviceguide.org.uk

Island Advice Centre

Island House, Roserton Street, Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

Legal Advice Centre

University House, 104 Roman Road, E2. 8980 4205 www.legaladvicecentre.org.uk

Limehouse Project

Cheadle Hall, Cheadle House, Copenhagen Place, E14. 7538 0075 www.limehouseproject.org.uk

Praxis (New Residents Service)

Pott Street, E2. 7729 7985 www.praxis.org.uk

Tower Hamlets Law Centre

(specialist advice by appointment and evening legal advice sessions). 214 Whitechapel Road, E1. 7247 8998 www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service

28 Commercial Street, E1. 7392 2953 advice@toynbeehall.org.uk www.toynbeehall.org.uk

Fair Money Advice

530 Commercial Road, E1. 7702 8032 www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton Street Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

National Debt line

0808 808 4000 www.nationaldebtlane.co.uk

Step Change Debt Charity

0800 138 111 www.stepchange.org



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.



Expert help without an appointment

Your pharmacy can give tips about reducing your risk of catching colds and flu and advise on what medicines to stock at home, so you can respond quickly to the onset of any winter ailments.

Health news

SEVEN-foot statues of ill and injured yellow men turned heads at Watney Market last Monday, January 27.

The statues and the NHS Not Always A&E team were out to remind people that A&E is only for emergencies. They represented complaints such as headaches and sprains, and carried advice on where to seek help, including pharmacies, GP surgeries, walk-in services and minor injury units. Nur Choudhury, a pharmacist from D M B Pharmacy who was there to give advice, said: "If you are ill but don't think you need to see a doctor, pharmacies are a useful first port of call. "Last year one in every ten A&E visits could have been dealt with by a pharmacist."

Nur Choudhury is pictured with James and Harriet from the Not Always A&E team.



Fighting prejudice

Time to Change is England's biggest programme to challenge mental health stigma and discrimination.

WWW.TIME-TO-CHANGE.ORG.UK

Be breast aware in your 70s

WOMEN aged 70 and over are being encouraged to be aware of breast cancer symptoms in a new NHS campaign.

Running until March 16, the campaign carries the message that one in three of the 41,300 women diagnosed with the disease every year are over 70.

But cancer can be successfully treated if it is caught early enough.

Dr Somen Banerjee, director of Public Health Tower Hamlets, told East End Life: "The older you are, the more likely you are to develop breast cancer.

"If it is detected early, it is more treatable. Finding it early could save your life."

For more information on symptoms and local services visit www.smallcancer.org.uk or www.nhs.uk/breastcancer70

Don't delay if you feel poorly

GPS are urging older people to seek help early when they feel unwell.

Elderly residents are advised to contact their GP, tell a friend, speak to their carer or get in touch with their local pharmacist.

They can also make use of the NHS 111 service or visit www.nhs.uk/asap

Dr Sam Everington, chair of NHS Tower Hamlets Clinical Commissioning Group (CCG) and a local GP, said: "During the winter months, it's really important elderly people – and those looking after them – seek medical advice from someone like their local pharmacist or the local NHS 111 number as soon as they feel poorly."

Take time to talk to a friend in need

Campaign encourages openness about mental health

BY ANNA WILSON

RESIDENTS are being encouraged to make time to talk this Thursday, February 6 as part of a national campaign aimed at drawing attention to mental health issues.

Led by national charity Time to Change, Time To Talk Day, supported by the council, aims to show that "it's the little things which make a big difference".

Something as simple as having a cup of tea and a chat can be invaluable to a friend, family member or colleague who may need some extra support.

Mayor Lutfur Rahman said: "The council works with its partners to combat stigma and discrimination and signed a pledge last year on World Mental Health Day to show our commitment.

"We continue to support that pledge and encourage residents to start those conversations."

Cllr Abdul Asad, cabinet member for health and wellbeing, said: "Mental health problems are more common than people may think.

"Taking the time out to listen or ask someone how they are can be a simple starting point."

The council, Mind in Tower Hamlets & Newham, and Tower Hamlets Homes are working together to promote Time to Talk.

The following activities on February 6 are open to everyone:

■ 10am-5pm: Idea Store Whitechapel, 321 Whitechapel Road, E1 – mental health service users will share their stories and exhibit examples of their photographic work.

■ 10am-4pm: Bethnal Green One Stop Shop, 1 Rushmead, E2 – Mind employees, service users

and volunteer will have informal chats.

■ 10am-5pm: Idea Store Bow, Gladstone Place, E3 – mental health charity Community Options will be running a stall with quizzes and fun activities and talking with members of the public.

Mental health advisers will be on site to have informal chats and provide information on local support services.

Somen Banerjee, director of Public Health Tower Hamlets, said: "This day is another opportunity to highlight the importance of having open conversations about your health.

"There are also excellent services you can access locally for support and advice."

For tips on how to get a conversation started and to sign up to the Time to Change pledge visit www.time-to-change.org.uk

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Ofsted, Jan 2014

Tower Hamlets College

OPEN DAY

**Saturday 8th February 2014
11am-3pm, Poplar Campus**

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WELL PLACED FOR SUCCESS

King Kong to Sydney

The first film shown at the Troxy was King Kong and the last, in 1960, was The Siege of Sydney Street.



Art deco gem is jewel in the crown

The Troxy originally opened as a grand cinema in 1933 and was designed to seat an audience of 3,520 people. It was built on the site of an old brewery and cost £250,000.

WWW.TROXY.CO.UK

News



A good time was had by all



Council officer Rashid Salik has a twirl with a resident



Anne Juliette, from St Hilda's Older Person's Project

Dancing is just our cup of tea

Hundreds of residents tripped the light fantastic as they enjoyed an afternoon of fun and entertainment at the Mayor's New Year tea dance. **Shalina Hussain** reports. Photos by **Rehan Jamil**.



Zjavica Carty, student of professional cookery, serves up the cakes



Maureen and Tommy Finn take a spin on the dance floor



Joyce Whipp, line dancing teacher from the Zacchaeus Project, and partner strutt their stuff

Hosted by the council, Mayor Lutfur Rahman invited older residents to the free tea dance at the Troxy, in Limehouse, where residents had the chance to dress up and get down.

Members from Age UK, St Hilda's East Community Centre, the Peabody Trust, Neighbours in Poplar and the Wellbeing Centre were among those attending the dance.

A number of community organisations had information stalls and members from the Zacchaeus Project led the line dancing.

Several of the mayor's apprentices and over 100 students from Tower Hamlets College and Redbridge College went along to help on the day.

For many residents, visiting the Troxy brought back memories of Saturday morning cinema and playing bingo.

Mayor Rahman said: "I was pleased with the fantastic turnout – they are a great way to get the community together."

Three other events are planned.

Who Cares for Your Carer Event – Monday, February 10 at the Ecology Pavilion, Mile End Park.

Cllr Abdul Asad, cabinet member for health and wellbeing, said: "Carers are unsung heroes and do a fantastic job. It is only right we should pay tribute to them by hosting a pamper day so they can be treated."

Recognising & Supporting our Disabled Residents – Monday, March 10 at The Troxy.

Celebrating Everything Irish – Friday, March 14, at York Hall, Bethnal Green.



All smiles at the Troxy



Making the most of later life

LinkAge Plus runs an exciting range of centre-based activities and events for older residents, enabling them to make the most of later life and maintain and increase their independence.

CALL 7021 4067

Getting out and about

Watch out for more events, including a Who Cares for the Carers pamper day on February 10 in Mile End Park.

News



Party-goers enjoy their tea and cakes



Dancers from the Zacchaeus Project enjoy the day



Raising a glass to friends and family



Mayor's apprentice Misbaul Faim trips the light fantastic with a fellow party-goer



Debra Bunce, pictured with mum Margaret Oram, and Flora Baka, with mayor's apprentice Chesnai Monrose



Hassan Jama Ahmed and Suleman Hassan, from Mayfield House Day Centre, enjoying the afternoon



This couple gave Strictly a run for its money at the Troxy



I was pleased with the fantastic turnout at the tea dance as they are a great way to get the community together. We have three more exciting events lined up so if you missed this one there will be others."

Mayor Lutfur Rahman



Council workforce development manager Jenny Dutton with 93-year-old dance partner George

Having trouble finding a car parking space?

We have parking spaces and garages less than 10 minutes' walk from Shadwell DLR with direct trains to Bank and Tower Gateway and Canary Wharf. A short DLR ride to the Excel centre and London City Airport.

There is easy road access to the A12 to Westfield Stratford and the Blackwall Tunnel and they are situated a moments' walk from Commercial Road.

Car Parking spaces from as little as £5.00 per week and garages from £20.00 per week.

Interested?

These are available on a first come first served basis.

We expect high demand so don't delay contact Swan Housing now on 0300 303 2500

Don't put up with it

To report anti-social behaviour, call the police 24-hour freephone number 101. In an emergency, dial 999.



Tackling crime, down your way

"The walkabouts are proving a real success. They enable the council and partners to understand how community safety issues differ across the borough's various neighbourhoods."

DEPUTY MAYOR CLLR OHID AHMED

News

A series of walkabouts organised by the council across the borough is helping to tackle community safety issues, as **Poppy Turner** reports.

WARD walkabouts gave councillors, police officers, council officers and other professionals the opportunity to explore crime and anti-social behaviour (ASB) issues and how best to address them.

The second series of walkabouts was launched last October in East India & Lansbury, following a successful first series earlier in the year.

Mayor Lutfur Rahman said: "Tackling crime is a top priority for me and partnership working, such as the walkabouts, has resulted in making the borough safer."

Deputy Mayor Cllr Ohid Ahmed added: "The second series of walkabouts is proving a real success and we are taking direct action as a result of the issues people raise. The walkabouts enable the council and partners to understand how community safety issues differ across the borough's various neighbourhoods."

By February 3, eight walks out of the 17 planned have been completed and action taken. This includes:

East India & Lansbury

REGULAR patrols have been conducted by the Poplar Harca policing team leading to a significant reduction in reports of youths congregating and dealing drugs in stairwells.

A family living in Jura House and causing anti-social behaviour has been removed from their property.

A Shop Watch initiative with the Special Constabulary has reduced levels of theft in Crisp Street market.

Clockwise from top left: Deputy Mayor Ahmed on a walkabout in Bethnal Green South with Cllr Lesley Pavitt and cabinet member Cllr Shafiqul Haque; Sergeant Bentley on the Shadwell walkabout; CCTV cameras in Wyllen Close, Bethnal Green; Sgt Tony Burton with borough commander Dave Stringer on the Aberfeldy estate; Ch Sup Stringer with a fire brigade officer in Mile End East; an officer in Brick Lane during the Spitalfields & Banglatown ward walkabout

Bethnal Green South

ANTI-CLIMB paint has been applied to deter youths from congregating around Bancroft House on the Bancroft Estate, creating an immediate deterrent.

Tower Hamlets enforcement officers (THEOs) have given evidence for a successful anti-social behaviour order (ASBO) application by Tower Hamlets Homes, and also given evidence to support enforcement of an anti-social behaviour injunction (ASBI) which led to an individual being sentenced to 56 days in prison.

Mile End East

THE CCTV camera on the corner of Hamlets Way and Southern Grove has been fixed along with broken lighting. Regular patrols of Ackroyd Drive and Sheldermine Close by the neighbourhood policing team and Poplar Harca police team are continuing, and areas particularly prone to anti-social behaviour have been fenced off.

Secure barriers have been installed to stop people accessing the roof of Wilcox House, and police and council patrols are continuing, leading to a reduction in anti-social behaviour.



Walking the walk on crime

St Katharine's & Wapping

NEW lighting has been installed in Wapping Woods, Dellow Street and Dellow Street alleyway, the slopes from Garnet Street have been cleared of bushes and two new lights have been put up on each side. New CCTV cameras will be installed in the same area in early 2014.

Bromley-by-Bow

THE neighbourhood policing team, THEOs, and drug outreach teams have extended their patrols to the railway arches on Rounton Road to help deter drug dealing and taking in the area.

In Lester Court, offensive graffiti has been removed, and two youths have been arrest-

ed and bailed for possession of cannabis.

In Stroudley Court the drug outreach team has met with street drinkers to assess them for support and detox.

The next walkabout will take place on February 7 in Bow East. Local residents are welcome to join the walkabouts, details of which are advertised on page 20.



A haven in the 1930s

The last major influx of Germans was in the 1930s. The pastor, Julius Rieger, set up a relief centre for Jewish refugees and anti-Nazi activist Dietrich Bonhoeffer preached at the church.

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

The East End's own Little Germany

BY JOHN RENNIE

AS the pastor of St George's opened the Whitechapel church, he immediately knew that something was wrong.

Burglars aren't choosy about their targets and, like so many inner city churches, the 'Georgenkirche' had fallen prey to opportunistic thieves looking for gold plate... or simply the money out of the collection box. There was unlikely to be much in it.

By autumn 1995, the congregation had been in decline for more than a century, and within a year the Lutheran church would close its doors forever – to the handful of survivors of what was once one of the largest German communities outside Germany itself.

The thieves couldn't have known, but there were far greater riches tucked away in a little room above the vestry – though nothing they would have recognised as such, and certainly nothing they could sell on in the pubs of Whitechapel.

There lived the church's library, an extraordinary collection of some 750 German language titles, dating mainly from the 18th and 19th centuries.

A varied collection of religious tracts, philosophical works and German folklore, they are unlikely to be tales any of us have read. But they reveal a fascinating story of how this part of the East End was once 'Little Germany'.

As so often before and since, political ructions had seen a wave of incomers wash up in the East End, and establish their own community.

Historical events have myriad unexpected consequences. The genesis of Little Germany lay in the ousting of James II, the end of the Stuart dynasty with the death of Queen Anne and the accession to the British throne of an obscure bunch of her cousins from northern Germany (despite the best efforts of James's Jacobite descendants).

Over to London, in 1714, came George, Elector of Hanover, as King George I. With him came an entirely German-speaking court, as well as an ancillary cast of thousands of German traders, manufacturers and bankers, servicing the new ruling class.

The posher ones settled around the Court of St James and in the City, with many engaged in printing and publishing; while those involved in the more hands-on and 'stink' industries, especially the expert German sugar-makers, butchers and bakers, settled in Whitechapel.

Soon the scattered German community



numbered many thousands. St George's (it was always politic to pick a patron saint who shared the name of the monarch) was the fifth German foundation church in London (one of them being the Royal Chapel at St James's Palace) and there were 11 in total.

The Alie Street (in those days it was called Little Ayliffe Street and the area Goodman Fields) Georgenkirche was built in 1762 by Dietrich Beckmann, a wealthy sugar refiner.

His workers formed most of the original congregation, alongside East End merchants from the Hamburg church.

There were refugees too, many of them from the conflicts between the French and Germans during the Seven Years War.

In summer 1764, Pastor Wachsel appealed in the London papers for aid for a group of 600 Germans who were attempting to make their way to the islands of St John and St Croix in the Virgin Islands.

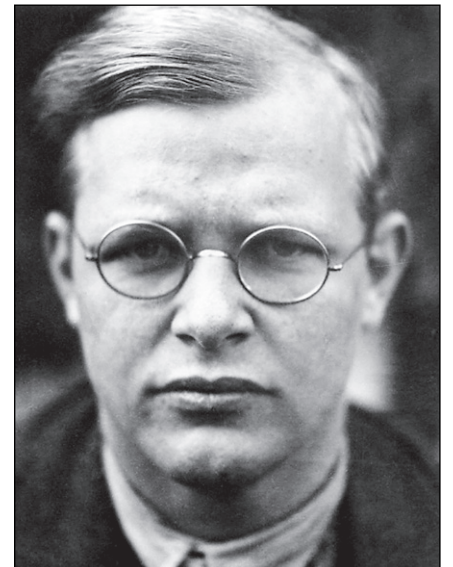
Abandoned in London without money, several hundred of the refugees were

Over to London, in 1714, came George, Elector of Hanover, as King George I. With him came a German-speaking court, as well as an ancillary cast of thousands."

stranded on their ship at Wapping and hundreds more were camping in Goodman Fields, next to the church. None of them spoke English.

The Tower of London provided 200 tents to protect them from the rain and £4,000 was raised from 1,200 donors. Finally, King George III himself intervened and sent them

St George's was built in 1762 by sugar baron Dietrich Beckmann



Anti Nazi activist Dietrich Bonhoeffer preached at the church in 1935

to settle in the British possession of South Carolina instead. The parish peaked in the 19th century with a community of some 16,000 Germans in and around Whitechapel.

Then began a long decline, with World War I proving almost fatal to the church. Many local Germans changed their surnames and became as English as they could (the Royal Family included).

The last major influx of Germans was in the 1930s. The pastor, Julius Rieger, set up a relief centre for Jewish refugees. The parish played a further role in the fight against the Nazis as theologian and anti-Nazi activist Dietrich Bonhoeffer preached at the church for a brief period in 1935.

After World Wars, a number of East Enders would return with German wives, breathing a little life into the congregation. It was only a stay of execution though.

The church was being prepared for closure when the thieves struck. The pastor and church elders contacted the British Library, which was able to provide a safer home in 1996, becoming instead the HQ of the Historic Chapels Trust.

Today, beautifully preserved, and an elegant example of an 18th century Lutheran church, St George's is still used for organ recitals.

See more at:

■ britishlibrary.typepad.co.uk/european/2014/01/-german-parish-life-in-london-and-an-east-end-church-library.html

■ www.stgite.org.uk/media/germanchurches.html

The family history records of the former congregation are held at Tower Hamlets Local History Library & Archives, 277 Bancroft Road, Mile End.

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 4944



মে মাসের নির্বাচনের জন্য আচরণবিধি প্রণয়ন

মে মাসের নির্বাচনের জন্য টাওয়ার হ্যামলেটস স্থানীয় আচরণবিধি প্রণয়ন করেছে। এই আচরণ বিধির প্রকাশনা উপলক্ষে কাউন্সিল চেম্বারে এক অনুষ্ঠানের আয়োজন করা হয়। মে মাসে অনুষ্ঠিতব্য নির্বাচন জটিল হলেও লন্ডনে নির্বাচনে জালিয়াতি প্রতিরোধে শক্ত ব্যবস্থা গ্রহণ করা হয়েছে। সারা দেশের মধ্যে এটি একটি পূর্ণাঙ্গ ব্যবস্থা। বিস্তারিত পড়ুন নীচে -

ANTI-FRAUD PROTOCOL FOR ELECTION

Harmony

Anti-fraud measures in place for election – issue 994

Doorasha xor ah oo xalaal ah

DOORASHOYINKA Mee-yar Tower Hamlets waxay noqonaysaa ta ugu mashaqada badan, laaki-in waxay yeelanaysaa hab-ka ugu xoogan ee musuqmaasaqa lagag hortagayo.

Wacad ayaa la dhigtay, si loo xaqiijiyo, in doorasho xor ah oo xalaal ahi ka dhacdo isla-markaan lala markaana salka loo dhigo amminaada lagu qaboA doorashooyinka.

Sarkaalka Tower Hamlets ee soo laabt, John Williams oo ay ku xidhiidhsan yihiin Tom Hawthorn, madaxa siyaasada ee komishanka doorashooyinka, taliyaha booliiska ee iyo madaxa adeega doorashooyinka ee kownsulka ayaa qalinka ku duugey wacaka hab maamuuska doorashooyinka innagu soo fool leh.

Axsaabta siyaasiga ah iyo wakaaladaha ku lug leh doorashooyinka ayaa iyaguna durba muujiyey in raacsan yihiin wacadka.

Wacadka hab maamuuska waa in loo wada adeegaa siday doorashadu noqon lahayd mid



Ch Sup Dave Stringer and returning officer John Williams sign the protocol

xor ah oo xalaal ah, in la xaqiijiyo eedaha la soo wariyey ay sugan yihiin iyo in baadhitaan dhab ah lagu sameeyo. In ololaha doorashooyinka xalaal lagu galo oo aan sharciga laga gudbin, loona hogaansamo dhaabadaha hab maamuuska doorashada ee deegaanka.

Wacadka iyo dhaabadaha hab maamuska doorashada, waxay muujinayaan in booliiska

metroblitanka, booliiska deegaanka iyo kawnsulkaba ay ka go'an tahay in eddaha iyo gefafka doorashooyin ay si dhab ah ula tacaalayaan.

Tower Hamlets, waxay ku garab gashaa booliiska iyo adeega doorashooyinka in ay dejiyaan hab doorasho oo musuqmaasuqa ka hortagta, taasi oo ay dheer tahay gobolada kale.

মে মাসের নির্বাচনের জন্য আচরণবিধি প্রণয়ন করেছে টাওয়ার হ্যামলেটস্

Local protocol for the May elections – see issue 994

আসন্ন মে মাসের যৌথ নির্বাচনে টাওয়ার হ্যামলেটস স্থানীয় আচরণবিধি প্রণয়ন করেছে। এই আচরণ বিধির প্রকাশনা উপলক্ষে কাউন্সিল চেম্বারে এক অনুষ্ঠানের আয়োজন করা হয়।

মে মাসে অনুষ্ঠিতব্য নির্বাচন জটিল হলেও লন্ডনে নির্বাচনে জালিয়াতি প্রতিরোধে শক্ত ব্যবস্থা গ্রহণ করা হয়েছে। সারা দেশের মধ্যে এটি একটি পূর্ণাঙ্গ ব্যবস্থা।

নির্বাচন পরিচালনার জন্যে যেসব সংস্থা জড়িত তারা স্থানীয় নির্বাচন ব্যবস্থার প্রতি আস্থা ফিরিয়ে এনে একটি অবাধ ও নিরপেক্ষ নির্বাচন অনুষ্ঠান নিশ্চিত করা লক্ষ্যে প্রণীত ব্রু প্রিন্ট প্রকাশ করেছে।

টাউন হলে অনুষ্ঠিত উদ্বোধনী অনুষ্ঠানে টাওয়ার হ্যামলেটসের রিটার্নিং অফিসার জন উইলিয়ামস, ইলেকটরাল কমিশনের হেড অফ ইলেক্টরাল পলিসি টম হরতন, টাওয়ার হ্যামলেটসের বারী কমান্ডার ডেইভ স্ট্রিংগার, টাওয়ার হ্যামলেটস কাউন্সিলের ইলেক্টরেল সার্ভিসেস ম্যানেজার লুইজ স্ট্যাম্প উপস্থিত ছিলেন।

রাজনৈতিক দলগুলো এই আচরণ বিধিতে স্বাক্ষর করার ব্যাপারে ইতিবাচক ইঙ্গিত জ্ঞাপন করেছেন।

এই আচরণ বিধি বাস্তবায়নে যে অঙ্গীকার থাকবে তাহলোঃ

মে মাসে একটি অবাধ ও নিরপেক্ষ নির্বাচন অনুষ্ঠান করা, যে কোন অভিযোগ যথাযথ ভাবে গ্রহণ করা ও তার সুষ্ঠু তদন্ত নিশ্চিত করা, আইনের আওতায় স্থানীয় আচরণ বিধি মেনে প্রচারাভি-

যান চালানো। স্থানীয় আচরণ বিধিতে পরিষ্কারভাবে উল্লেখ করা হয়েছে, মেট্রপলিটান পুলিশ, স্থানীয় পুলিশ এবং টাওয়ার হ্যামলেটস কাউন্সিল নির্বাচনে যে কোন ধরনের জালিয়াতি কঠোর হস্তে দমন করবে। যে কোন অনিয়মের অভিযোগ তড়িৎ গতিতে সম্পূর্ণ ও পূর্ণাঙ্গ তদন্ত করবে।

টাওয়ার হ্যামলেটস পুলিশও ইলেকটরাল কমিশনের সাথে কাজ করে একটি নির্বাচনি ব্যবস্থা প্রতিষ্ঠা করবে, যা অন্যান্য কাউন্সিল থেকে এগিয়ে থাকবে এবং বর্তমান আইনের আওতায় যতদূর সম্ভব জালিয়াতির বিরুদ্ধে কঠোর ব্যবস্থা নেয়া হবে।

একটি অবাধ ও নিরপেক্ষ নির্বাচনের প্রতি প্রত্যেকে আস্থাশীল হওয়ার ব্যাপারে যেসব নিরাপত্তা বিধান রাখা হয়েছে সেগুলো হলঃ

প্রত্যেকটি ভোট কেন্দ্রে পুলিশ প্রহারা রাখা হবে এবং ভ্রাম্যমান পুলিশ টহলও রাখা হবে, যখন যেখানে প্রয়োজন সেখানে তারা উপস্থিত হবেন।

ভোট কেন্দ্রের সামনে সমর্থকদের জটলা করতে দেয়া হবে না, যাতে ভোটারদের জন্যে কোন প্রতিবন্ধকতা সৃষ্টি হয়। নির্দিষ্ট সংখ্যক কর্মী বাইরে অবস্থানের অনুমতি পাবেন।

প্রার্থী ও এজেন্টরা যাতে উদ্ভূত বিষয় নিয়ে সরাসরি যোগাযোগ করতে পারেন সেজন্যে ফ্লেক্সারি মাস থেকে একটি ই-মেইল চালু করা হবে।

রিটার্নিং অফিসার কোন অভিযোগ পেলে ২৪

ঘন্টার মধ্যে তার তদন্ত করা হবে এবং তা পুলিশের নিকট হস্তান্তর করা হবে। পুলিশ ৪৮ ঘন্টার মধ্যে তার জবাব দেবে। সন্দেহজনক ভোটারদের চ্যালেঞ্জ করার ব্যাপারে পুলিশ এজেন্টদের অতিরিক্ত প্রশিক্ষণ প্রদান করা হবে।

প্রত্যেকটি ঘরে ভোটার তালিকায় অন্তর্ভুক্ত বসবাসকারীদের সম্পর্কে সঠিক তথ্য অবগত হওয়ার জন্যে মার্চ মাসে একটি চিঠি দেয়া হবে।

বিলম্বিত রেজিস্ট্রেশন বা অনুপস্থিত থাকার কারণে পরে ভোটার হওয়ার জন্যে আবেদন করা হলে কাউন্সিলের অন্যান্য রেকর্ড থেকে সত্যতা যাচাই করা করে দেখা হবে। তদন্তের নিমিত্তে ইলেকশন অফিসারবৃন্দ বাসস্থানগুলো কয়েকবার পরিদর্শন করবেন। পাটির সমর্থকদের কাছে পোস্টাল ভোট হস্তান্তর না করা এবং তাদের দ্বারা পোস্টাল ভোট এর ব্যালট পেপার পূরণ না করার জন্যে বলা হয়েছে।

ইলেক্টরাল কমিশনের ইলেক্টরাল পলিসির হেড টম হওর্থন বলেন, “যে কোন নির্বাচনি জালিয়াতির অভিযোগ তড়িৎ গতিতে পূর্ণাঙ্গ ভাবে নিষ্পত্তি করতে হবে এবং আমরা খুশি হয়েছি এটা দেখে যে, রিটার্নিং অফিসার ও মেট্রপলিটান পুলিশ বারী ভোটার, প্রার্থী ও তাদের প্রচারাভিযান কর্তৃক উত্থাপিত যে কোন বিষয় সম্পর্কে পদক্ষেপ নিতে পারবেন। আমরা এখন টাওয়ার হ্যামলেটস বারার পরিস্থিতির উপর ঘনিষ্ঠ ভাবে নজর রাখবো এবং তাদেরকে যদি আরো কোন পদক্ষেপ নিতে হয় তাও আমরা জানাবো।”

Mayor's New Year tea dance – see pages 10 & 11



Mayor Lutfur Rahman with former mayor (1981-82) Patricia Thompson and friends, and (standing) Cllr Abdul Asad and Sister Christine from Neighbours in Poplar

নির্বাহী মেয়রের নিউ ইয়ার্স টি ডান্স পার্টিতে অংশ নিয়েছিলেন শত শত প্রবীণ বাসিন্দা, যারা নির্মল আনন্দে একটি বিকাল কাটিয়েছেন। ইংরেজী নববর্ষ উপলক্ষে ট্রান্সি হলে টাওয়ার হ্যামলেটস্ কাউন্সিল আয়োজিত বিশেষ এই টি ডান্স পার্টিতে অংশ নিতে বারার প্রবীণ জনগোষ্ঠিকে আমন্ত্রণ জানান নির্বাহী মেয়র লুৎফুর রহমান। এইজ ইউকে, সেন্ট হিলদা'স ইস্ট কমিউনিটি সেন্টার, দ্যা পিভি ড্রাস্ট, নেইবারস্ ইন্ পপলার এবং ওয়েলবিং সেন্টারের সদস্যরা এই পার্টিতে অংশ নেন। মেয়র লুৎফুর রহমান বলেন, বিপুল সংখ্যক মানুষের স্বতঃস্ফূর্ততার সাথে অংশ নিয়ে গোটা কমিউনিটিকে একত্রিত করেছেন দেখে আমি অভিভূত। আমাদের আরো তিনটি চমৎকার অনুষ্ঠান রয়েছে, যারা এটি মিস করেছেন, তারা আগামীতে অনুষ্ঠিতব্য অনুষ্ঠানগুলোতে অংশ নিতে পারবেন।

Ololaha caafimaadka masgaxda

DADWEYNUHU waxay fursad u helayaan fursad ay kaga hadlaan khamiista fee-barweri 6deeda, masgax guurka, taas oo qayb ka ah ololaha lagu dardargelinayo in loo foajignaado arrimaha la xidhiidha caafimaadka masgaxda.

Ololaha waxaa hogaaminaya ururka samafalka ha ee heerka qaran. Ololaha oo uu taageerayo kawnsulku, ujeedadiisu waa in uu muujiyo in waxaan sakaaro ka biirsani, wax weyn tarayo.

Haddaba hawlahaan soo socdaa, dadweynaha way u wad furan yihiin, waxaan ka mid yihiin barnaamijka Febraayo 6deeda.

■ **10am-5pm:** Idea Store Whitechapel, 321 Whitechapel Road, E1 – Adeega caafimaadka masgaxda, kuwa adeegsada, ayaa goobta ka hadli doona oo lala wadaagi waxay soo mareen



Mental health campaign – p9

iyo weliba sawiro ay qaadeen.

■ **10am-4pm:** Bethnal Green One Stop Shop, 1 Rushmead, E2 – Shaqaalaha Mind, kuway u adeegto iyo dad kale oo gaar gaar u sheekaysta.

■ **10am-5pm:** Idea Store Bow, Gladstone Place, E3 – Beesha samafalka caafimaadka masgaxda ayaa bandhig samaynaysa. Waxaa goob jog ahaanaya la taliyaasha caafimaadka masgaxda oo laga hadli karo wixii talooyin ah.



কমিউনিটির উন্নয়নে আইডিয়া নিয়ে এগিয়ে এসেছেন বাসিন্দারা

বাসিন্দাদের হাতে ক্ষমতা দিতে কাউন্সিলের উদ্যোগে চালু হওয়া একটি কর্মসূচির অংশ হিসেবে বাসিন্দারা কমিউনিটি গুলোর উন্নয়নে আইডিয়া নিয়ে এগিয়ে এসেছেন। মেয়রস্ কমিউনিটি ওয়ার্ড ফোরামের মাধ্যমে কমিউনিটির উন্নয়নে ১ লাখ ৭০ হাজার পাউন্ড কিভাবে খরচ করা উচিত, তা বাসিন্দাদের কাছে জানতে চাওয়া হয়। বিস্তারিত নীচে -

WARD FORUMS COME UP WITH IDEAS FOR COMMUNITIES

Harmony

কমিউনিটির উন্নয়নে অসংখ্য আইডিয়া নিয়ে এগিয়ে এসেছেন বাসিন্দারা

Dozens of improvement ideas unveiled for communities – issue 994

বাসিন্দাদের হাতে ক্ষমতা দিতে টাওয়ার হ্যামলেটস্ কাউন্সিলের উদ্যোগে সম্প্রতি চালু হওয়া একটি কর্মসূচির অংশ হিসেবে স্থানীয় বাসিন্দারা তাদের কমিউনিটিগুলোর উন্নয়নে অসংখ্য আইডিয়া নিয়ে এগিয়ে এসেছেন।

মেয়রস্ কমিউনিটি ওয়ার্ড ফোরামের মাধ্যমে কাউন্সিলের পক্ষ থেকে বাসিন্দাদের কাছে জানতে চাওয়া হয়েছিলো তাদের কমিউনিটির উন্নয়নে ১ লাখ ৭০ হাজার পাউন্ড কিভাবে খরচ করা উচিত।

নিজ নিজ পছন্দ অনুযায়ী এলাকার উন্নয়নের জন্য বারার ১৭ টি ওয়ার্ডের রেসিডেন্ট পরিচালিত ফোরামের প্রত্যেকটিতে ১০ হাজার পাউন্ড করে তহবিল দেয়া হয়েছে।

গত ডিসেম্বর মাসে প্রতিটি ফোরাম তাদের প্রথম মিটিং আয়োজন করে, যেখানে বাসিন্দারা তাদের এলাকার জন্য সর্বোচ্চ অগ্রাধিকারগুলো চিহ্নিত করেন। এই উদ্যোগের প্রতি বাসিন্দাদের ব্যাপক আগ্রহ লক্ষ্য করা গেছে। কারণ প্রতিটি সভায় বিপল সংখ্যক লোক অংশ নেন।

বাসিন্দাদের অভিমত অনুযায়ী অগ্রাধিকারগুলো বাস্তবায়নের লক্ষ্যে ফোরামগুলো বেশ কিছু অনবদ্য উদ্যোগ ও ইভেন্ট আয়োজনের ধারণা বা আইডিয়া উপস্থাপন করেছে।

এইসব আইডিয়ার মধ্যে রয়েছে, রেস্টুরেন্টগুলোর জন্য হেলদি ফুড ওয়ার্ড, কমিউনিটি ফেস্টিভ্যাল, নতুন চিলড্রেন্স প্লে এরিয়া, ফলের গাছ লাগানো, রাস্তায় সাইকেল রাখার ব্যবস্থা, পপ-আপ স্কুদি বার, গান-বাজনার সুবিধাদি গড়ে তোলা এবং আর্ট ব্রাস চালু ইত্যাদি।

মেয়র, লুৎফুর রহমান বলেন, স্থানীয় বাসিন্দারা যাতে নিজ নিজ এলাকার উন্নয়নে সরাসরি ভূমিকা রাখতে পারেন, সেজন্য তাদের ক্ষমতায়ন করতে আমরা এই প্রোগ্রাম গ্রহণ করেছি। বার-বার প্রতিটি কমিউনিটি এই কর্মসূচিকে বিপুলভাবে আগ্রহ দেখাচ্ছেন দেখে আমরা অভিভূত।

তিনি বলেন, প্রথম ফোরাম মিটিংয়ে চমৎকার



Limehouse community champion co-ordinator Edgar Petrenas with members of the audience at the launch of the scheme last year

কিছু আইডিয়া এসেছে দেখে আমি সন্তুষ্ট। এর সাথে যারা সম্পৃক্ত তাদের সকলের কঠোর পরিশ্রমের ফলে টাওয়ার হ্যামলেটসকে আরো উন্নত জনপদে পরিণত করতে কমিউনিটি ওয়ার্ড ফোরামগুলো সফল হবে বলে আমি আশাবাদি।

কমিউনিটি চ্যাম্পিয়ন কোঅর্ডিনেটররা, যারা স্বৈচ্ছাসেবী হিসেবে এই প্রক্রিয়ায় নেতৃত্ব দিচ্ছেন। কাউন্সিল এটা দৃঢ়তার সাথে নিশ্চিত করছে যে কোঅর্ডিনেটররা শুধুমাত্র ফোরামের জন্য কাজ করবেন। অন্যান্য স্থানীয় ইস্যুগুলো নিয়ে কাজ করবেন ওয়ার্ড কাউন্সিলররা, যেমনটা তারা করে আসছেন।

ক্রিস্টাইন ট্রাম্পার নামের একজন কো-অর্ডিনেটর বলেন, বিশেষ করে এই স্কীমটি কমিউনিটির প্রত্যেককে একত্রিত করেছে। অনেক আছেন, যারা অনেকের সাথেই এক রুমে বসতে পছন্দ করেন না, তারাও এই ফোরামের সভায় যোগ দিয়েছেন।

তিনি বলেন, শুধু তাই নয়, তারা পুরো প্রক্রিয়ায় স্বতঃস্ফূর্তভাবে অংশ নিয়েছেন এবং হাসিমুখে মিটিং রুম থেকে বের হয়েছেন। ফোরামের আইডিয়াগুলোর মধ্যে কোনগুলো বাস্তবায়ন করা হবে, পরবর্তী মিটিংয়ে সেগুলো চূড়ান্ত করার আগে এগুলোর বাজেট তৈরী ও বিশ্লেষণ করা হবে।

নির্বাহী মেয়র লুৎফুর রহমান ভবিষ্যতের সকল মিটিংয়ে বিপুল সংখ্যক মানুষের উপস্থিতি প্রত্যাশা করেন। তিনি বলেন, এই বারার একটা অন্যতম শক্তি হচ্ছে নিজ নিজ কমিউনিটির প্রতি স্থানীয় বাসিন্দাদের বিপুল আগ্রহ এবং হাতের আঙিনা গুটিয়ে কাজে ঝাঁপিয়ে পড়তে তাদের সহজাত প্রবৃত্তি।

তিনি বলেন, একাবদ্ধভাবে কাজ করার মাধ্যমে আমরা আমাদের এই শক্তিশালী কমিউনিটিকে আরো শক্তিশালী করতে সক্ষম হবো। কমিউনিটি ওয়ার্ড ফোরাম সম্পর্কে আরো তথ্য জানতে চাইলে www.towerhamlets.gov.uk/localforums - এই ওয়েব-সাইট ভিজিট করতে অনুরোধ করা হয়েছে।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

News in brief

প্রদর্শনি কোম্পানির

জরিমানা

গত ২০১২ সালে ওলিম্পিকের গ্রাঙ্কালে উডওয়ার্ফ এলাকায় সংঘটিত একটি দুর্ঘটনায় হেলথ এবং সেফটি আইন ভঙ্গ করার দায়ে একটি প্রদর্শনী কোম্পানিকে আদালত জরিমানা করেছে।

২০১৩ সালের ৫ই ডিসেম্বর লন্ডন এসডব্লিউওয়ান ভিক্টোরিয়া এলাকার আইকন ডিসপ্লে নামক কোম্পানির বিরুদ্ধে থেমস ম্যাজিস্ট্রেট কোর্টে এক শুনানীতে ১৯৭৪ সালের হেলথ এন্ড সেফটির ৩৩ ধারায় আনীত দুটি অভিযোগের পরিপ্রেক্ষিতে কোম্পানির পক্ষ থেকে দোষ স্বীকার করে নেয়া হয়।

গত ১৭ই জানুয়ারি স্বেয়াস্‌ব্রুক ক্রাউন কোর্টে আইন ভঙ্গের মামলাটির রায় দেয়া হয়, আদালতের রায়ে আইকন কোম্পানিকে ৩০হাজার পাউন্ড জরিমানা, মামলার ব্যয় বাবদ ৬,২০৬.৩৯ পাউন্ড এবং ভিকটিম সারচার্জ বাবদ আরও ১৫ পাউন্ড পরিশোধের আদেশ দেয়া হয়।

কাউন্সিলের হেলথ এন্ড সেফটি টিমের তদন্তের ফলশ্রুতিতে এই দন্ড প্রদান করা হয়। ঘটনার বিবরণে জানানো হয় ২০১২ সালের ওলিম্পিকের সময় উডওয়ার্ফে একটি অস্থায়ী মেরিনা স্থাপন করার জন্যে পতাকাবাহি পোস্ট এবং বড় তোরন নির্মান করে আইকন ডিসপ্লে লিমিটেড, এই তোরনে পিভিসি ব্যানারও লাগানো হয়। ২০১২ সালের ১৫ই আগস্ট ৩৭ বছর বয়স্ক এক মহিলা এলাকা দিয়ে যাওয়ার সময় বাতাসে উডওয়ার্ফ মেরিনা ব্যানার কাঠামোটি ভেঙ্গে পড়ে।

লৌহ কাঠামোটি ভেঙ্গে মহিলার উপর পড়ে এবং তিনি মাটিতে পড়ে যান সেখান থেকে এম্বুলেন্সে তাকে হাসপাতালে নেয়া হয়। এই আঘাতের পর থেকে তিনি আর কাজে ফিরে যেতে পারেননি।

হেলথ এন্ড সেফটি টিমের তদন্তের ফলে দেখা যায় আইকন ডিসপ্লে লিমিটেড যথাযথ আইন অনুসরণ করে ঝুঁকি মেপে তোরনটি নির্মান করেনি যার ফলে বাতাসের ধাক্কা সামলাতে পারবে কি না তাও পরিমাপ করা হয়নি। তোরন নির্মানে যে ফ্লাগ পোল লাগানো হয়েছে তা তোরনকে ধরে রাখার জন্যে যথেষ্ট নয়।

ডেপুটি মেয়র কাউন্সিলর ওহিদ আহমদ বলেন, “দুর্ভাগ্যজনক ভাবে এই দুর্ঘটনাটি ঘটে-

ছে, যা উপেক্ষা করা যেত। আমরা আশা আদালতের রায় কোম্পানিগুলোকে সু স্বাস্থ্য ও নিরাপত্তা বিধান ব্যবস্থার প্রতি নজর দিতে সহায়তা দেবে।”

ন্যাশনেল আর্কাইভের চীফ

এক্সিকিউটিভকে ইস্ট লন্ডন

মসজিদ সম্মান জানিয়েছে

ন্যাশনেল আর্কাইভের অন্তর্বর্তীকালীন চীফ এক্সিকিউটিভ স্নেম ব্রিয়ার সম্প্রতি ইস্ট লন্ডন মসজিদ পরিদর্শন করতে আসেন। এই সময় মসজিদের আর্কাইভ স্টিয়ারিং কমিটির প্রতিনিধিত্ব করেন মসজিদের আর্কাইভ প্রতিষ্ঠার অন্যতম ভূমিকা গ্রহনকারি ডঃ জামিল শরীফ, রিলিজিয়াস আর্কাইভস গ্রুপের রোজমেরি সেটন, মসজিদের এসিসটেন্ট ডাইরেক্টর শাইনুল খান মসজিদের ১০৪ বছরের ইতিহাস তুলে ধরেন।

ইস্ট লন্ডন মসজিদের আর্কাইভ পরিদর্শন করে স্নেম ব্রিয়ার বলেন, “এই আর্কাইভে অবদান রাখতে পেরে ন্যাশনেল আর্কাইভ আনন্দ প্রকাশ করছে, এই প্রকল্পের মাধ্যমে ইস্ট লন্ডন মসজিদ ভবিষ্যত প্রজন্মের জন্যে ইতিহাস জানার দ্বার উন্মুক্ত করে দিয়েছে। যৌথভাবে কাজ করার এটি একটি উজ্জ্বল উদাহরণ যাতে সমসাময়িক ধর্মীয় স্থাপনা প্রতিফলিত হয়েছে।”

ইস্ট লন্ডন মসজিদের আর্কাইভ ন্যাশনেল ক্যাটালগ গ্রান্টস প্রোগ্রাম ফর আর্কাইভ এবং ন্যাশনেল আর্কাইভ সংশ্লিষ্ট দাতব্য সংস্থাগুলো থেকে অনুদান সংগ্রহ করেছে।

ইস্ট লন্ডন মসজিদ ট্রাস্টের এসিসটেন্ট ডাইরেক্টর শাইনুল খান বলেন, আমরা এই প্রকল্পের জন্যে তাদের সাথে আরো সুদৃঢ় সম্পর্কে গড়ে তুলে এই বৃটেনে কমিউনিটির ঐতিহাসিক মূল্যবোধ ও এর ইতিহাস তুলে ধরবো।

আর্কাইভ ক্যাটালগের কাজ শেষ হয়ে গেলে তা অনলাইনের মাধ্যমে তুলে ধরা হবে বলে জানানো হয়েছে।

■ The above stories are: display company fined – see page 7; National Archives CEO visits London Muslim Centre.

মানসিক স্বাস্থ্য নিয়ে বিশেষ প্রচারাভিযান ‘টাইম টু টক’ ৬ ফেব্রুয়ারী

Time to Talk about mental health – see page 9

মানসিক স্বাস্থ্য নিয়ে যাতে আগামী ৬ ফেব্রুয়ারী সর্বাধিক সংখ্যক লোক আলোচনা করেন, সেজন্য টাওয়ার হ্যামলেটস্ কাউন্সিল বাসিন্দাদের উদ্বুদ্ধ করবে।

জাতীয় ভিত্তিক চ্যারিটি সংগঠন টাইম টু টেক এর উদ্যোগে সারা দেশে আগামী ৬ ফেব্রুয়ারী অনুষ্ঠিত হবে ‘টাইম টু টক’ বা কথা বলার সময় শীর্ষক এক ক্যাম্পেইন। এই প্রচারাভিযানের মূল লক্ষ্য হচ্ছে, এটাই তুলে ধরা যে “কথা বলটা সামান্য বিষয় হলেও এটা বিরাট পরিবর্তন আনতে পারে।”

এ প্রসঙ্গে নির্বাহী মেয়র লুৎফুর রহমান বলেন, মেন্টাল হেলথ বা মানসিক স্বাস্থ্য নিয়ে প্রচালিত

ধারণা এবং বৈষম্য দূর করতে কাউন্সিল তার পার্টনারদের সাথে যৌথভাবে কাজ করে যাচ্ছে। গত বছর ওয়াশ্‌ব্রুক মেন্টাল হেলথ ডে উদযাপনের অংশ হিসেবে কাউন্সিল একটি অঙ্গিকারপত্রে স্বাক্ষর করে নিজেদের প্রতিশ্রুতির কথা ঘোষণা করে। আমরা এই অঙ্গিকারকে অব্যাহতভাবে সহায়তা করে যাবো এবং মানসিক স্বাস্থ্য নিয়ে আলোচনা করার জন্য জনসাধারণকে অনুপ্রাণিত করে যাবো।

কেবিনেট মেম্বর অব হেলথ এন্ড ওয়েলবিয়িং, কাউন্সিলর আব্দুল আসাদ বলেন, মানুষ ভাবতে পারে যে, মানসিক স্বাস্থ্য সমস্যাটি খুবই সাধারণ একটি সমস্যা। এ সম্পর্কে শোনা কিংবা

কোন প্রশ্ন করে জেনে নেয়ার মাধ্যমেও অতি সহজ পরিবর্তন আনা যায়।

ডিরেক্টর অব পাবলিক হেলথ টাওয়ার হ্যামলেটস্, সোমেন ব্যানার্জি বলেন, নিজের স্বাস্থ্য সম্পর্কে খোলামেলা আলোচনা করার গুরুত্ব তুলে ধরতে এটি আরেকটি অসাধারণ দিবস। এখানে চমৎকার অনেক সহায়তা ও পরামর্শমূলক সার্ভিস পাওয়া যায়।

‘টাইম টু টক’ ক্যাম্পেইন সফল করতে টাওয়ার হ্যামলেটস্ কাউন্সিল, মাইন্ড ইন্ টাওয়ার হ্যামলেটস্ এন্ড নিউহ্যাম এবং টাওয়ার হ্যামলেটস্ হোমস্ যৌথভাবে কাজ করছে।

৬ ফেব্রুয়ারী সকাল ৬টা থেকে বিকাল ৫টা

পর্যন্ত হোয়াইটচাপল আইডিয়া স্টোরে আয়োজিত অনুষ্ঠানে মেন্টাল হেলথ সার্ভিস গ্রহণকারীরা বাসিন্দাদের সাথে কথা বলার ও তাদের গল্পগাঁথা বিনিময় করবেন। এছাড়া তারা তাদের তোলা আলোকচিত্রগুলোও প্রদর্শন করবেন।

বেথানল গ্রীণ ওয়ান স্টপ শপ সকাল ১০টা থেকে বিকাল ৪টা পর্যন্ত অনুষ্ঠিত হবে অনুষ্ঠানে মাইন্ড-এর স্টাফরা, সার্ভিস গ্রহিতারা ও স্বৈচ্ছাসেবীরা অনানুষ্ঠানিক আলাপ আলোচনা করবেন।

সকাল ১০টা থেকে বিকাল ৫টা পর্যন্ত বো আইডিয়া স্টোরে স্থানীয় মেন্টাল হেলথ চ্যারিটি সংগঠন কমিউনিটি অপশনস্ একটি ইন্টারএক্টিভ স্টল ও কুইজ এর আয়োজন করবে।



British Bangladeshi Who’s Who

ব্রিটেনে বাংলাদেশী কমিউনিটির সাফল্য গাঁথার অনন্য সংকলন “ব্রিটিশ বাংলাদেশী হুজ হু” এখন থেকে বিমান বাংলাদেশ এয়ারলাইন্সের লন্ডন-ঢাকা-সিলেট রুটের সকল আন্তর্জাতিক ফ্লাইটে পাওয়া যাবে।

যাত্রীরা ব্রিটিশ বাংলাদেশীদের সাফল্য ও

সমৃদ্ধির কথা জানতে পারবেন। সংবাদ সম্মেলনে বাংলাদেশ বিমানের যুক্তরাজ্যস্থ কান্ট্রি ম্যানেজার আতিক রহমান চিশতী, ক্যানরি গ্রুপের হেড অব কমিউনিটি এ্যাবেয়ার্স জাকির খান, হুজ হু’র প্রধান সম্পাদক ও বাংলা মিরর এর সম্পাদক আব্দুল করিম গনি প্রমুখ বক্তব্য রাখেন।

The winners of the Tower Hamlets in Bloom gardening competition were announced at a glittering awards ceremony at the Ecology Pavilion, as **Shalina Hussain** reports.

All things bright & beautiful

MOVE over Chelsea Flower Show, the gardeners of Tower Hamlets can put on a display to rival the experts.

The Tower Hamlets in Bloom competition gives residents the chance to show off their horticultural skills in the council's annual gardening competition, rewarding those who help to make the borough bright and beautiful.

From balconies, community gardens and allotments to patios, businesses and schools,



(Left) Best Front Garden by Carolina Kensit
(Below) Best Community Garden at Winterton House



The Best Balcony award was won by Tom Gleed



Best Front Garden of J Lazarus



Best Community Growing Site at Spitalfields City Farm

the competition is open to anyone who makes the most of open spaces and is part of a nationwide scheme to encourage people to become interested in plants, wildlife and the environment.

The competition has inspired residents to

make the most of green spaces and to turn even the smallest garden into an idyllic haven.

This year the competition received a lot of interest with more than 100 entries.

And it was a hat trick for Gary Howes and Andrew Whibley who have won the award for best wildlife garden three times in a row. The Bethnal Green pair also won the overall individual award.

Gary said: "Encouraging nature to thrive in the urban jungle that we live in gives us so much pleasure. And we find it very relaxing especially with the hectic lives we lead. I only hope that more people in our borough are encouraged to do the same."

Su Wheldon, from Lady Mico's Almhouse in Stepney which won the award for best community residential garden, said: "Gardening has always been an important community activity providing companionship, a sense of wellbeing and of course a beautiful environment."

"The residents appreciate the Tower Hamlets in Bloom initiative in which to showcase their gardening skills in either their raised individual flower beds or window boxes on their balconies."

Su highlighted residents Astrid Botting, Lyn Ayling and Andy Willoughby for special praise who she said invested a lot of time and effort in ensuring the garden was the best it could be.

Thanking the council for the award, Denise Lara from Mudchute Park and Farm Education Project, which won first prize in the best education establishment category, said: "This is on behalf of the children, volunteers and staff of the project. This



Tower Hamlets in Bloom winners were proud



Best Patio & Container Garden winner Lara

award recognises all the hard work achieved."

The winners were invited to an awards ceremony at the Ecology Pavilion in Mile End Park to celebrate their success.

Mayor Lutfur Rahman said: "What I love





Best Community Growing Site at Rocky Park



Best Community Wildlife Garden was Cable Street Allotments



Best Community Residential Garden – Lady Mico's Almshouses



presented with their certificates at the Ecology Pavillion in Mile End Park



Latif Khwaja



Best Public House Garden at the Dickens Inn



Best Community Garden at Teesdale House

about this competition is that everyone benefits from the hard work of our talented residents. I am pleased so many residents and organisations took part in the competition and they have all helped to

keep the borough looking its best.” Cllr Rania Khan, cabinet member for culture, added: “I would like to thank everyone who took part in the competition for making Tower Hamlets such a green and pleas-

ant place to live, work and visit.” The gardens were judged during the summer by council officers Mohammed Raja, Paul Sammut, Katherine O'Brien and Keith Woodard.



Best Community Residential Garden by Andrew Whibley & Gary Howes

WINNERS

Best Community Growing Site:
Rocky Park Community Garden and Spitalfields City Farm

Best Front Garden:
Miss J Lazarus and Carolina Kensit

Best Community Wildlife Garden:
Cable Street Allotments

Best Public House Garden:
Dickens Inn

Best Community Residential Garden & Best Organisation Winners:
Lady Mico's Almshouse

Best Patio Container Garden:
Latif Khwaja

Best Balcony: **Tom Gleed**

Best Residential Wildlife Garden & Best Individual Winners:
Gary Howes and Andrew Whibley

Best Community Garden:
Teesdale Community Garden and Winterton House Garden

Best Education Establishment:
Mudchute Park and Farm Education Project
Gardener of the Year: **Patricia Quinn**

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, February 4

10.30am: Extraordinary licensing sub-committee

Business includes applications for: review of premises licence for Sajna Indian grill Restaurant, 30 Osborn Street, E1; new premises licence for Private Members Club, First Floor, 19-23 Bethnal Green Road, E1; variation of premises licence for Lupita, 60-62 Commercial Street, E1 and for Best Star One, 23 Whitechapel Road, E1.

More details from 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

2pm: Extraordinary licensing sub-committee

Business includes applications for: new premises licence for Subway, 222 Brick Lane, E1; review of premises licences for JB Food Store, 97b Brick Lane, E1; Cost Price, 41 Brick Lane, E1; and Low Cost Food & Wine, 34 White Church Lane, E1.

Details from Simmi Yesmin (see above).

7pm: Overview & scrutiny committee

Business includes a report on the Community Chest and

community events, verbal updates from scrutiny leads and scrutiny of unrestricted cabinet papers.

Details from 7364 4333 or email angus.taylor@towerhamlets.gov.uk

Wednesday, February 5

5.30pm: Cabinet

Details on 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

Thursday, February 6

5.15pm: Tower Hamlets health and wellbeing board

Details on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

Tuesday, February 11

6.30pm: Licensing sub-committee

Details from Simmi Yesmin (see left).

Wednesday, February 12

7pm: Development committee

Details from Zoe Folley (see above).

Meetings, except Cabinet, are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG.

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

The Government is changing benefits

Prepare and act now

The Government is changing the benefits system as part of its plans for welfare reform. If you are claiming benefits, you may be affected. Households who are not in work or have low income will be most affected. The impact of these changes could be huge and some households may be unable to afford their current housing costs.

Tower Hamlets Council will be providing free advice and support to help you prepare for the changes. You can contact us on 0203 384 2636, or visit www.towerhamlets.gov.uk

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Free microchipping for your dog

DOG owners can get their pets microchipped for free at a series of roadshows this month.

The council is teaming up with the Dogs Trust to offer the free service, which ensures that a dog's owner can be quickly and easily traced if the animal becomes lost or is stolen.

There are four sessions:

- Thurs, Feb 6, 11am-3pm – Bethnal Green Gardens, off Cornwall Avenue, E2
- Weds, Feb 12, 10am-2pm – Wapping Green, Watts Street, E1W
- Mon, Feb 17, 10am-2pm – Mile End Park by dog gym, Copperfield Road, E3
- Tues, Feb 15, 10am-2pm – Millwall Park near Manchester Road entrance, E14.

Road entrance, E14.

There is no need to make an appointment, just turn up – the offer is open to dog owners aged 18 and over.

For more information contact the Dogs Trust on 7837 0006 or visit www.chipmydog.org.uk

The council's animal warden service can be contacted on 7364 5008.

Planning

E1

2-12 Cambridge Heath Road – change of use of first floor from office to seven residential flats – two 1-bedroom and five 2-bedroom self-contained flats. Internal alterations to ground floor and erection of three-storey rear extension and associated works.

Adjacent to Gracehill House and Ockbrook House, Hannibal Road – construction of gated bin store over footway between Gracehill House and Ockbrook House.

Nido Tower, 9 Frying Pan Alley – infilling of courtyard area to provide new ancillary student accommodation floorspace.

Bishopsgate Goods Yard, Shoreditch High Street – request for scoping opinion re. information required for environmental impact assessment in support of application for redevelopment of these sites.

131 New Road – proposed change of use of first, second and third floors to offices; proposed shopfront alterations including installation of second door.

Central House, 59-63

Whitechapel High Street – large scale signage stating Art Makes People Powerful, designed by artist Patrick Brill.

E2

19-29 Redchurch Street – application for minor material amendment (parapet wall height and screening) to planning permission ref. PA/11/297, dated 30.7.12; installation of rooftop plant, required to provide CFSH rating, located at roof level with screening to match proposed external wall finish and in accordance with sound engineers specifications.

E3

63 Brookesley Street – demolition of two-storey rear extension and construction of two-storey and single-storey rear extension.

E14

Flat 11, Midhurst House, Salmon Lane – three single-storey front extensions to infill porch areas.

External communal stairway, 68 Gough Walk – installation of external platform lift on stairway in front of property. 162 Pigott Street – retention of

change of use retail shop to community centre/place of worship.

96 Narrow Street – application for variation of condition following granting of planning permission Ref: PA/11/03183, dated 31.1.12. Amendments sought: introduction of pavement light to east side of property to allow light into basement; replacement of two windows on rear elevation with French doors; replacement of rooflight with dormer extension.

Blocks D & E, Carmine Wharf, 30 Copenhagen Place – application for lawful development certificate re. proposed development to convert vacant space to provide ten residential apartments including two studios, six 1-bedroom and two 2-bedroom units. Enterprise Business Park, 2 Millharbour – request for scoping opinion re. information required for environmental impact assessment in support of application for residential-led mixed-use development of the site.

1 Westferry Circus – installation of new front entrance door.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1.

7790 1344
www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878
www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399
www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200
www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

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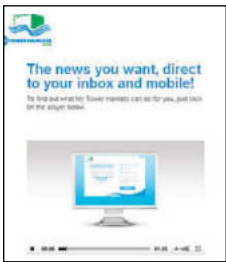
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Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was of Tower Bridge House in Wapping.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364
5015
Healthline – 7364 5016

General enquiries

For other council enquiries call
7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3)
– 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these
24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress,
there is an emergency or if
anyone is in immediate
danger dial 999.

The council's domestic
violence team can provide
information, signposting and
referrals to local services.
Bengali speakers available

0800 279 5434 (office hours)
**24-hour domestic violence
national helpline**

0808 2000 247

**Haven Whitechapel (sexual
assault referral centre)**

7247 4787

**Karma Nirvana (Honour
Network Helpline)**

0800 5999 247

**Broken Rainbow
(LGBT domestic violence)**

0845 260 4460

**Black Women's Health
& Family Support**

8980 3503

Rights of Women

(legal advice)
7251 6577

Victim Support Line

0845 30 30 900

**Victim Support Tower
Hamlets**

8555 8254

**NSPCC Child Protection
Helpline**

0800 800 5000

Childline

0800 1111

Shelterline

0808 800 4444

Respect (for perpetrators)

0845 122 8609

**Reunite (advice about
child abduction)**

0116 2556 234

Men's Advice Helpline

0808 8010 327

Samaritans

08457 909090

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Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead,
off Bethnal Green Road, E2
Bow & North Poplar – John
Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market
Square, Chrisp Street, E14
Stepney & Wapping –
Idea Store Watney Market,
260 Commercial Road, E1.
**Open Mon-Fri, 9am, doors
close at 4.30pm. Sat, 9am,
doors close 12.30pm at
Rushmead and Idea Store
Watney Market only.**

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill
Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel
Road, E1. 7364 4332
Watney Market –
Commercial E1. 7364 4332
All open: Mon to Thurs,
9am-9pm; Fri, 9am-6pm;
Sat, 9am-5pm. Sundays –
Bow and Chrisp Street
open, 10am-4pm;
Whitechapel, 11am-5pm; and
Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge
Heath Road, E2. 8980 3902
Cubitt Town – Strattondale
Street, E14. 7987 3152
All open: Mon, Tues, Weds
& Fri, 10am-6pm; Thurs,
10am-8pm; Sat, 9am-5pm.
**Local History Library and
Archives** – 277 Bancroft Road,
E1. Open Tues, 10am-5pm;
Weds, 9am-5pm; Thurs,
9am-8pm; Sat (1st & 3rd of
the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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SALES, LETTINGS, COMMERCIAL & LAND



Have your say on SAFETY in BOW EAST



Tower Hamlets residents are invited to join the Deputy Mayor Cllr Ohid Ahmed, and Police Borough Commander for a walkabout to look at community safety issues in Bow East ward.

The interactive walkabout will focus on how the council and police are tackling youth anti-social behaviour, noise nuisance, drug dealing and misuse in the area, as well as further action needed.

DATE: Friday 7th February 2014

TIME: 4pm – 5.30pm

MEETING POINT: Bow Police Station, 111-117 Bow Road, London E3 2AN

VISITING:

- Paton Close • Grove Hall Park • Fairfield Road - Duoro Street
- Roman Road - Usher Road • Armagh Road
- Canal Tow Paths - Hertford Union Canal



>> Residents do not need to register and can just show up on the day



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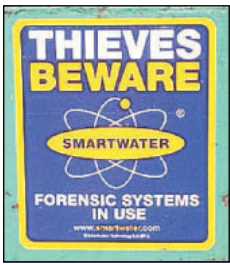
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Conclusive proof of ownership

SmartWater marks bins with a unique liquid which carries a forensic 'code' registered to an address or location. It is almost impossible to remove and can only be seen under UV light.

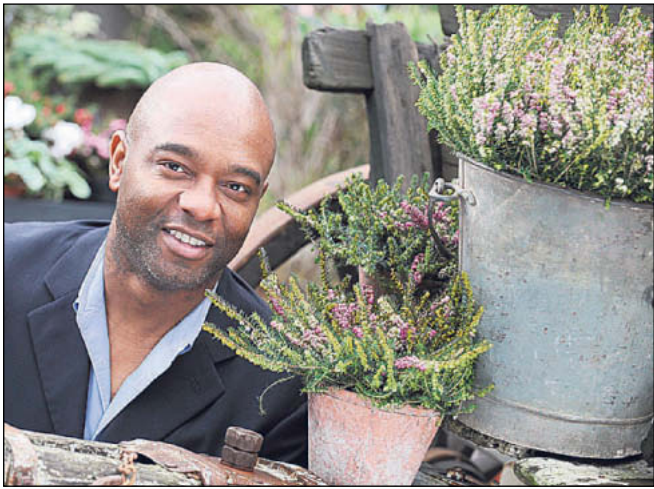
SEE BELOW

Snooze to survive

Hibernation behaviour is an energy-saving strategy used to help hedgehogs survive when food is scarce.

SEE BELOW

Property



Ornithologist David Lindo says many birds depend on heather

Bright and beautiful

Plant of the month from Horticultural Traders Association

FEBRUARY is the month of love so give your garden some tender loving care by brightening it up with heather.

This is a great plant for the garden at this time of the year, bringing some much-needed colour in the dark winter months. Heather is part of the Ericaceae family and with over 4,000 varieties to choose from, there is a plant to suit everyone in every situation.

Heather is a fantastic plant that brings glorious pink and purples to a garden, brightening up any bed, border or pot. It is very versatile and the different varieties can bloom in both winter and summer.

They provide an invaluable food source for wildlife throughout the year with bees

attracted to their nectar and smaller creatures taking refuge in the dense, close foliage.

Great for ground cover, heathers are very hardy, evergreen and need little maintenance. They are best planted in beds totally devoted to themselves with plenty of drainage, not under trees, and in a sunny, south-facing position.

They are also good as path liners, rockery plants and in pots. Apart from the flower colour, heathers have foliage which changes colour throughout the year.

Erica heathers are lime tolerant, so will grow in most soil types, acid or alkaline. They will also grow in full sun or partial shade. Varieties of Erica carnea and Erica darleyensis flower from November until May, with white, pink, purple and red flowers available, as well as green, yellow, gold and terracotta foliage.

A Smart solution to theft of bins

BY SARAH MCLAUGHLIN

LARGE refuse bins are to be forensically tagged in a bid to prevent them being stolen.

The council has teamed up with SmartWater to provide tagging on all of its large metal bins in an effort to reduce thefts and tackle the mounting costs of replacing stolen bins.

There has been a spate of thefts of large metal bins belonging to the council from estates and communal refuse points.

SmartWater marks bins with a unique liquid which carries a forensic 'code' registered to an address or location. Once applied



SmartWater will provide a strong deterrent

it is almost impossible to remove and can only be seen under UV light. Forensic analysis provides conclusive proof of ownership.

Cllr Shahed Ali, cabinet member for the environment, said: "The council is working closely with the police and Safer Com-

munities colleagues to ensure that vehicles carrying large waste containers in the borough are checked for ownership. Scrap yards will be routinely checked also."

Mayor Lutfur Rahman said: "We will not tolerate the continuing theft of the large bins across the borough. We believe the SmartWater solution will provide a strong deterrent to would-be thieves and offer a cost-effective solution to residents."

If you see any suspicious activity around large bins and waste containers or have any information on the theft of these bins, call the police on the non-emergency 101 number.

HAVE you seen a hedgehog in your garden or the local park recently? If so the People's Trust for Endangered Species and the British Hedgehog Preservation Society would like to hear from you. They are running a public survey to help determine whether climate change is having an impact on when hedgehogs emerge from hibernation and how this might be affecting their survival. Analysis by the trust shows that hedgehog populations



have plummeted by over a third in the last ten years, and they are wondering if climate could be a contributing issue.

To take part in the survey and record your sightings of hedgehogs as they start to emerge this spring go to www.hedgehogstreet.org

Your views on Plaza plan

A COMMUNITY forum is being held this Monday, February 3 to give residents the opportunity to discuss plans for the future of South Quay Plaza on the Isle of Dogs.

The owner of the site, Berkeley Homes, is planning to build two residential towers, one 73 storeys high fronting the South Dock and a smaller tower on Marsh Wall, and develop more than an acre of new public space, a waterfront and new leisure, retail and café facilities.

They hope to submit a planning application to the council later this year.

This week's meeting will be the third formal community event held by the developer. A final public exhibition will be held shortly afterwards.

Harry Lewis, managing director at Berkeley Homes, said: "The community forum forms part of our extensive consultation process, providing local residents with another opportunity to engage with the team regarding our proposals for the site."

"Since the previous exhibitions, we have continued to meet with local stakeholders, and worked to incorporate the feedback we have received into our proposals."

The meeting is being held at Lantern Studio Theatre, Unit D, Great Eastern Enterprise, 3 Millharbour, E14 starting at 6.30pm.



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Find out about local schools, council services, transport links, and businesses at: www.upmystreet.com



You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

توہر ہاملٹس ہاؤسنگ لیٹنگس آپ کی ایک فعال درخواست پر ہی آپ کو یہ گھر پیش کر سکتے ہیں۔ اگر آپ ان گھروں کے لئے کسی بھی طرح سے ٹاور ہاملٹس ہاؤسنگ لیٹنگس پر درخواست دے کر اسے منظور نہیں کیا ہے تو آپ کو یہ گھر پیش نہیں کیا جائے گا۔

ہم صرف ان لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کر سکتے ہیں۔ یہ پیشکش کرنا یہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطہ کے ذریعے دستیاب ہو سکتی ہے۔ 020 7364 2826 یا آپ کے ای میل پر رابطہ کر سکتے ہیں۔

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa daliika aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若您仍然登記在塔橋區政府現時生效的房屋名單上，您才可以競投這些房屋。請切勿到任何這些房屋造訪，因為這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ ان گھروں کے لئے صرف اس صورت میں بولی دے سکتے ہیں اگر "ٹاور ہاملٹس ہاؤسنگ لسٹ" میں آپ کی درخواست واجب اورز پر مبنی ہے۔ براؤزر میں سے کسی گھر کو دیکھنے کے لئے مت جائیے، کیونکہ یہ ہمسایوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

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website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet '**Support Charges in long term Supporting People Services**'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call **0845 270 2400**

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer

Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking



SHELTERED
Accessible Category E
ROCHESTER COURT, WILMOT STREET, E2

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£158.47, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29114



SHELTERED
Accessible Category G
GAWTHORNE COURT, MOSTYN GROVE, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • Check garden on viewing • Pets not permitted

Eligibility : Min Client Age 60

£134.95, Weekly - Social Rent
Landlord: OLD FORD HA

Property Ref: 29104



SHELTERED
Accessible Category E
REGENCY COURT, NORMAN GROVE, E3

Flat • 1 Bed 1 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£169.35, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29094



BEDSIT SELF-CONTAINED FLAT
Accessible Category E
PUTEAUX HOUSE, MACE STREET, E2

Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£89.61, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29096



BEDSIT SELF-CONTAINED FLAT
Accessible Category G
CADELL HOUSE, HORATIO STREET, E2

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£93.32, Weekly - Social Rent
Landlord: Peabody

Property Ref: 29129



1 BEDROOM
Accessible Category G
GRANTLEY STREET, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£101.99, Weekly - Social Rent
Landlord: Peabody

Property Ref: 29131



1 BEDROOM
Accessible Category F
CROFTS STREET, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted

£117.30, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29118



1 BEDROOM
Accessible Category E
DAGMAR COURT, MANCHESTER ROAD, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • Private garden • Pets not permitted

£111.36, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 29095



1 BEDROOM
Accessible Category F
SPEARMAN HOUSE, UPPER NORTH STREET, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted . One weeks rent or completed housing benefit form required at sign up of tenancy

£118.07, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29116



1 BEDROOM
Accessible Category D
BLACKWALL WAY, E14

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a secure or assured social housing tenancy

£150.93, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29100



1 BEDROOM
Accessible Category E
GALES GARDENS, E2

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£118.10, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29098



1 BEDROOM
Accessible Category G
LEOPOLD BUILDINGS, COLUMBIA ROAD, E2

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£139.28, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29121



1 BEDROOM
Accessible Category E
GEORGINA GARDENS, E2

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted • Life Time.

£104.46, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29106



1 BEDROOM
Accessible Category F
PAGET HOUSE, BISHOPS WAY, E2

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted
PREFERENCE TO HOUSING MOVES APPLICANTS

£107.03, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29101



2 BEDROOMS
Accessible Category F
WHELER HOUSE, QUAKER STREET, E1

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted

Eligibility : Band 3

£123.53, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29105



2 BEDROOMS
Accessible Category F
PEABODY BUILDINGS BLOCK I, JOHN FISHER STREET, E1

Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£132.70, Weekly - Social Rent
Landlord: Peabody

Property Ref: 29130



2 BEDROOMS
Accessible Category F
JOHN SCURR HOUSE, RATCLIFFE LANE, E14

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£150.80, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29102



2 BEDROOMS
Accessible Category E
THORNFIELD HOUSE, ROSEFIELD GARDENS, E14

Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted
PREFERENCE TO HOUSING MOVES APPLICANTS

£117.62, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29103



2 BEDROOMS
Accessible Category D
BLACKWALL WAY, E14

Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a secure or assured social housing tenancy

£165.93, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29125



2 BEDROOMS
Accessible Category D
BLACKWALL WAY, E14

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a secure or assured social housing tenancy

£166.43, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29128

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



2 BEDROOMS
Accessible Category F
CHERTSEY HOUSE, ARNOLD CIRCUS, E2

Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£115.55, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29097



2 BEDROOMS
Accessible Category F
CHAMBORD STREET, E2

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets permitted

£116.85, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29124



3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 3rd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Allocations will be subject to a local lettings plan . Unable to change utility provider . Communal heating system . Electric cooking

Advert represents 2 properties
£0.00, Rent to be advised
Landlord: Southern Housing Group

Property Ref: 29107



3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 4th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Allocations will be subject to a local lettings plan . Unable to change utility provider . Communal heating system . Electric cooking

£0.00, Rent to be advised
Landlord: Southern Housing Group

Property Ref: 29109



3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 5th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Allocations will be subject to a local lettings plan . Unable to change utility provider . Communal heating system . Electric cooking

£0.00, Rent to be advised
Landlord: Southern Housing Group

Property Ref: 29110



3 BEDROOMS
Accessible Category C
MAYFLOWER HOUSE, WESTFERRY ROAD, E14

Flat • 3 Bed 5 Person • 6th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted

£169.79, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 29132



3 BEDROOMS
Accessible Category F
BENSON HOUSE, LIGONIER STREET, E2

Flat • 3 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£123.51, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29117

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE RENT
Accessible Category G
ESSIAN STREET, E1

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£195.92, Weekly - Affordable Rent
Landlord: Circle 33 HA

Property Ref: 29120



AFFORDABLE RENT
Accessible Category G
ST LEONARDS ROAD, E14

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£155.51, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29119



AFFORDABLE RENT
Accessible Category G
MAROON STREET, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£148.58, Weekly - Affordable Rent
Landlord: Circle 33 HA

Property Ref: 29123



AFFORDABLE RENT
Accessible Category G
STANLIFF HOUSE, CASSILIS ROAD, E14

Flat • 1 Bed 2 Person • 4th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years.

£191.47, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29122



AFFORDABLE RENT
Accessible Category G
STANLIFF HOUSE, CASSILIS ROAD, E14

Flat • 2 Bed 3 Person • 4th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years.

£231.36, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29134



AFFORDABLE RENT
Accessible Category G
BONNER STREET, E2

Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Check garden on viewing • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£224.52, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 29115



AFFORDABLE RENT
Accessible Category G
DRIFFIELD ROAD, E3

Flat • 1 Bed 2 Person • Basement • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£169.62, Weekly - Affordable Rent
Landlord: Circle 33 HA

Property Ref: 29127



AFFORDABLE RENT
Accessible Category D
PARFETT STREET, E1

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted • Life Time.

£220.54, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29126

Tower Hamlets Homes Residents' Panel are looking for new members

We need residents with ideas and some time to spare and who want to help us improve our services for residents.

As a Panel member you will:

- Look closely at our performance and make sure we are doing what we say we are.
- Scrutinise our service delivery and look at why particular areas are not working as well as they should be.
- Help us make sure residents have opportunities to get involved in issues affecting their home and neighbourhood.



Applications from Tower Hamlets Homes tenants and leaseholders only. For an application form please contact Kamal Hanif - Resident Scrutiny Co-ordinator, or download an application form from our website.

020 7364 5294 www.towerhamletshomes.org.uk

residentengagement@towerhamletshomes.org.uk

Application deadline: 20 February 2014



Booth House Salvation Army Lifehouse

**Maintenance Person
Assistant Support Workers (Relief)
Night Concierge (Relief)**

Booth House Lifehouse is the largest Salvation Army centre for single homeless men based in our historic roots of Whitechapel, London E1.

We are seeking to employ a full time maintenance person and relief staff to work in this exciting and challenging environment using a person centred approach. You will need to be highly motivated and passionate about supporting clients to make positive life choices and empowering them to lead more sustainable lifestyles.

Maintenance Person

Starting salary £20,829 per annum | Hours: 40 hours per week

Duties include general maintenance tasks, painting and decorating and the supervision of resident volunteers.

Benefits include: Excellent training and development opportunities. 25 days annual leave plus 8 bank holidays, contributory pension scheme, season ticket loan.

Assistant Support Worker (Relief)

£8.71 hourly rate + relief allowance

To work alongside Support workers in supporting clients
The hours include evenings and weekends.

Night Concierge (Relief)

£8.71 hourly rate + relief allowance and night allowance

Duties include ensuring the security and safety of the building and some cleaning duties.

Applicants must be able to work within the Christian ethos of The Salvation Army

**A full job/information pack and application forms are available from
Mr Phil Hendy at phil.hendy@salvationarmy.org.uk**

The deadline for applications is Friday 14th February 2014



Promoting equality in the workplace
www.salvationarmy.org.uk



PROGRAMMER
BUSINESS ADMIN
HEALTH & SOCIAL CARE
PLUMBING
RESIDENT LIAISON
BRICKLAYER
YOUTH WORK
CARPENTRY
DRYLINER
SITE ENGINEER
NETWORK ENGINEER
SOFTWARE DEVELOPER
SOCIAL MEDIA
JUNIOR WEB DEVELOPER
ELECTRICAL
APPS CODER

The London Borough of Tower Hamlets Skillsmatch and partner organisations invite local residents aged 16 to 24 to meet with employers at your

APPRENTICESHIP OPPORTUNITY EVENT

Thursday 13th February 2014

10.00am to 2.00pm

at

Brady Arts and Community Centre, 192 – 196 Hanbury St, London E1 5HU

EMPLOYERS WITH OPPORTUNITIES

LONDON BOROUGH OF TOWER HAMLETS | TOWER HAMLETS HOMES CONTRACTORS
TECH CITY STARS | AGILISYS | BARTS HEALTH NHS TRUST | CONSTRUCTION COMPANIES

Skillsmatch
INNOVATION IN JOB BROKERAGE



MAYOR OF
TOWER HAMLETS

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Assistive Technology Strategy Manager

Education, Social Care and Wellbeing Directorate
Ref: ESW00186 | 1 year FTC
Closing date: 09.02.14

£40,911 - £43,584
per annum

Educational Psychologist (x3)

Education, Social Care and Wellbeing Directorate
Ref: ESW00219-1
Closing date: 09.02.14

£37,378 - £45,786
per annum

Mental Health Social Worker (Assertive Outreach)

Education, Social Care and Wellbeing Directorate
Ref: ESW00213
Closing date: 09.02.14

£31,464 - £40,911
per annum

Social Worker - Adult Social Care – First Response Team

Education, Social Care and Wellbeing Directorate
Ref: ESW00217
Closing date: 09.02.14

£31,464 - £40,911
per annum

Social Worker - Adult Social Care – Learning Disabilities

Education, Social Care and Wellbeing Directorate
Ref: ESW00225
Closing date: 09.02.14

£31,464 - £40,911
per annum

Zero Emissions Network Officer

Communities, Localities and Culture Directorate
Ref: CLC00540 | FTC until March 2016
Closing date: 09.02.14

£30,648 - £32,253
per annum

Residential Support Worker

Education, Social Care and Wellbeing Directorate
Ref: ESW00197
Closing date: 09.02.14

£27,279 - £29,868
per annum plus two extra increments for weekend working

Prevent Education Officer (Teacher)

Education, Social Care and Wellbeing Directorate
Ref: ESW00212
Closing date: 12.02.14

Teacher MPS/UPS

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



INVESTORS
IN PEOPLE



Providence Row Housing Association

A place where service users and staff work together to improve lives.

Providence Row Housing Association (PRHA) provides social housing, support and specialist services. We work predominantly with single people and families who are in housing need.

Learning Development Worker

23 hours per week | £13,186 per annum | London E2
Funded until March 2015

We have an exciting opportunity for a Learning Development Worker to work across all our projects delivering an educational and learning service.

You will be responsible delivering a high quality, empowering and enabling learning development and employment access service both to individuals and groups of our service users.

This includes tracking individuals' progress and outcomes, responding to changing needs, and ensuring the service is accessible for all. It is a challenging and creative role.

Your role will include enabling access to courses, qualifications, employment opportunities and developing employment related skills training. The objective is to enable service users to achieve their aspirations in relation to employment, volunteering and further/formal education.

You will also be required to work collaboratively with Project Officers over joint service users and ensure accurate written records are kept and regular reports prepared, as well as raising awareness and providing support around learning development issues.

For further information and to download an application pack, please visit our website: www.prha.net

Closing date: 5pm on 17th February 2014.

We value diversity and are committed to fairness and equal opportunities in all our services and for our staff. Enhanced DBS checks apply.

PRHA is a charitable housing association.

HCA No: L0695.

Industrial & Provident Society No: 19322R.



Community Engagement Evening Service – Support Worker

10 hours per week, 5.00pm -10.00pm: Mondays and Thursdays
NJC Scp 18-23 (Pro rata salary £5,904 - £6,780 per annum inclusive of Inner London weighting)

A Support worker is required for our Community Engagement Evening service which operates Monday and Thursday evenings: 5.00pm - 10.00pm from our Centre in Bow.

The successful candidate will have demonstrable experience of working with people with mental health support needs either in a health and/or social care setting as well as having experience of assessing clients and carrying out risk assessments.

You will be able to demonstrate that you have experience of developing, planning and delivering creative activities and workshops with the ability to create an environment where people are able to socialise and engage to support their recovery.

You will be an excellent team player with enthusiasm and drive, have excellent administrative and organisational skills and be proficient in using Microsoft Office.

The post is subject to an enhanced Disclosure and Barring Service check.

Benefits of working for us include 30 days annual leave, (pro-rated for part time staff), a company pension and opportunities for training.

We welcome applications from people who have personal experience of mental health issues as well as from all sections of the community.

Closing date: 5.00pm Wednesday 19th February 2014

Interviews: Wednesday 26th February 2014

For an application pack email: recruitment@mithn.org.uk or telephone 020 7510 1081 quoting job ref: EEW

Public notices

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Shahab Uddin has applied to London Borough of Tower Hamlets Licensing Authority for a premises licence under the licensing Act 2003

Premises: Spice King, 363 Commercial Road, London E1 2PS

The licensable activities and timings are:

Late Night Refreshment License - Sunday to Thursday 11:00 hrs to 02:00 hrs.
Friday to Saturday 11:00 hrs until 02:30 hrs

Anyone wishing to make representations regarding this application must give notice in writing to The Licensing section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London, E14 2BG

Website: www.towerhamlet.gov.uk Tel 020 3645008

Representations must be received no later than 28/2/2014

The application record and register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the licensing act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)



Sir John Cass's Foundation & Red Coat Church of England Secondary School
Stepney Way,
London E1 0RH
Telephone: 020 7790 6712
Fax: 020 7790 0499

Academic and Cover Tutors (Physics, Maths, Economics/Maths, Sociology)

Salary 17+ NJC APT & C scales (pro rata) – dependent on experience and qualifications up to circa £20,328k pro rata.
35 hours per week / term time only/ temporary until 31st August 2014

We require graduates with degrees in **(Physics, Maths, Economics/Maths, Sociology)** to work with students on an individual basis in preparation for their SATs, GCSEs and Advanced level studies. The post will also involve a small proportion of class supervision (cover).

Please complete the Application form on the school website www.sjcr.net and send to Mr Evans, the Headteacher, either by post or fax or email (haydnevans111@yahoo.co.uk).

A copy of the Job Description and Selection Criteria is available on the School Website.

Applications to be received ASAP. Closing date: 14th February 2014 at the latest

**Are you 16-18?
Are you thinking about
your future?**

You could be a Fastlaner.

For free, Fastlaners will help you:

- Learn about different jobs, and what they actually involve
 - Learn what your skills are and how to promote these in an application
 - Build your confidence, networks and knowledge
 - Get interview practice and feedback from real employers
 - Get relevant work experience to boost your CV
 - Get advice from local mentors a few years older than you
- And we'll pay for your travel too!

**The programme starts on Saturday 22nd February
and runs on Saturdays and Thursday evenings
until Thursday 3rd April.**

Interested? Call Claudia on 07597 685 853,
email claudia.graham@uprising.org.uk
or go to www.uprising.org.uk/fastlaners

Get in the
fast lane to a
successful future

Fastlaners

UpRising

JPMorgan Chase Foundation

LONDON BOROUGH OF TOWER HAMLETS

THE CLEAN NEIGHBOURHOODS AND ENVIRONMENT ACT 2005, PART 6, CHAPTER 1, SECTION 55

THE DOG CONTROL ORDERS (PROCEDURES) REGULATIONS, REGULATION 3

NOTICE OF A PROPOSAL TO MAKE A FOULING OF LAND BY DOGS ORDER

NOTICE IS HEREBY GIVEN that the Council of London Borough of Tower Hamlets intends to make a Dog Control Order under the above Act and the land to which it is proposed that the Order will apply is:

All land which is open to the air (which includes land that is covered but open to the air on at least one side) and to which the public are entitled or permitted to have access (with or without payment) within the London Borough of Tower Hamlets, irrespective of ownership.

This includes but is not limited to all highways, parks and open spaces, all open air communal spaces within housing estates, all residential and commercial car parks within the London Borough of Tower Hamlets, irrespective of ownership

For the purposes of the Act land which is covered is to be treated as land which is "open to the air" if it is open to the air on at least one side.

The Dog Control Order (described as a "Fouling of Land by Dogs Order") will make it an offence if a dog defecates at any time on any land in respect of which the Order applies and the person in charge of the dog at that time fails to remove the faeces from the land forthwith unless that person has reasonable excuse or the owner, occupier or other person or authority having control of the land has consented (generally or specifically) to his failing to do so. The maximum penalty on conviction will be a fine not exceeding level 3 on the standard scale (£1,000 as at 24th January 2014). This offence does not apply to a person who is registered as a blind person in a register compiled under section 29 of the National Assistance Act 1948, or to a person who has a disability which affects his mobility, manual dexterity, physical co-ordination or ability to lift, carry or otherwise move everyday objects, in respect of a dog trained by Dogs for the Disabled (registered charity number 700454), Support Dogs (registered charity number 1088281) or Canine Partners for Independence (registered charity number 803680) and upon which he relies for assistance.

Representations can be made in writing to Andrew Weaver, Head of Environmental Health, Environmental Protection, Mulberry Place, 5 Clove Crescent, London E14 1BY or by email to environmental.health@towerhamlets.gov.uk. The closing date for receipt of representations is 6th March 2014.

**DAVID GALPIN
HEAD OF LEGAL SERVICES (COMMUNITY)
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON
E14 2BG
(MY REF.: L/C/LAD/CEHCRS.157 /PG)**

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – RATCLIFFE LANE E14

NOTICE IS HEREBY GIVEN, having consulted with Transport for London, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Ratcliffe Lane for a distance of approximately 40 metres in the eastbound direction from its junction with Bekesbourne Street and at the junction of Bekesbourne Street and Ratcliffe Lane.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by J Browne Construction.

The alternative route for vehicular will be via Branch Road, Commercial Road, Butcher Row

and Ratcliffe Lane.

Throughout the duration of the works, and at times when the "no entry" and "one way" traffic signs are covered, the existing one way working in Ratcliffe Lane between its junction with Branch Road and its junction with Bekesbourne Street will be temporarily suspended.

The restriction on vehicular traffic will operate from Thursday 13th February 2014 until Thursday 13th March 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 3rd February 2014

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT**

LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – FLORIDA STREET E2

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Florida Street for a distance of approximately 60 metres in the western direction from its junction with Squirries Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Coussens Cranes Limited.

The alternative routes for vehicular

traffic will be via Squirries Street, Gosset Street, Roberta Street and Florida Street and vice versa or Squirries Street, Bethnal Green Road, Barnet Grove and Florida Street and vice versa or Squirries Street, Gosset Street, Barnet Grove and Florida Street and vice versa.

The restriction on vehicular traffic will operate from Monday 24th February 2014 to Friday 28th February 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 3rd February 2014

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

LONDON BOROUGH OF TOWER HAMLETS

THE CLEAN NEIGHBOURHOODS AND ENVIRONMENT ACT 2005, PART 6, CHAPTER 1, SECTION 55

THE DOG CONTROL ORDERS (PROCEDURES) REGULATIONS, REGULATION 3

NOTICE OF A PROPOSAL TO MAKE A DOGS ON LEAD BY DIRECTION ORDER

NOTICE IS HEREBY GIVEN that the Council of London Borough of Tower Hamlets intends to make a Dog Control Order under the above Act and the land to which it is proposed that the Order will apply is:

to all land which is open to the air and to which the public are entitled or permitted to have access (with or without payment) within the London Borough of Tower Hamlets except for land to which dogs are excluded pursuant to any Dogs Exclusion Order and those areas where dogs must be kept on leads at all times pursuant to any Dogs on Leads Order

For the purposes of the Act land which is covered is to be treated as land which is "open to the air" if it is open to the air on at least one side.

The Dog Control Order (described as a "Dogs on Lead by Direction Order") will make it an offence if a person in charge of a dog at any time on any land to which this Order applies does not comply with a direction given to him by an authorised officer of the Authority to put and keep the dog on lead unless that person has reasonable excuse or the owner, occupier or other person or authority having control of the land has consented (generally or specifically) to his failing to do so. The maximum penalty on conviction will be a fine not exceeding level 3 on the standard scale (£1,000 as at 24th January 2014).

Representations can be made in writing to Andrew Weaver, Head of Environmental Health, Environmental Protection, Mulberry Place, 5 Clove Crescent, London E14 1BY or by email to environmental.health@towerhamlets.gov.uk. The closing date for receipt of representations is 6th March 2014.

**DAVID GALPIN
HEAD OF LEGAL SERVICES (COMMUNITY)
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON
E14 2BG
(MY REF.: L/C/LAD/CEHCRS.157 /PG)**

LONDON BOROUGH OF TOWER HAMLETS

THE CLEAN NEIGHBOURHOODS AND ENVIRONMENT ACT 2005, PART 6, CHAPTER 1, SECTION 55

THE DOG CONTROL ORDERS (PROCEDURES) REGULATIONS, REGULATION 3

NOTICE OF A PROPOSAL TO MAKE A DOGS (SPECIFIED MAXIMUM) ORDER

NOTICE IS HEREBY GIVEN that the Council of London Borough of Tower Hamlets intends to make a Dog Control Order under the above Act and the land to which it is proposed that the Order will apply is:

All land which is open to the air (which includes land that is covered but open to the air on at least one side) and to which the public are entitled or permitted to have access (with or without payment) within the London Borough of Tower Hamlets, irrespective of ownership.

This includes but is not limited to all highways, parks and open spaces, all open air communal spaces within housing estates, all residential and commercial car parks within the London Borough of Tower Hamlets, irrespective of ownership

For the purposes of the Act land which is covered is to be treated as land which is "open to the air" if it is open to the air on at least one side.

The Dog Control Order (described as a "Dogs (Specified Maximum) Order") will make it an offence if a person in charge of more than one dog takes onto any land in respect of which this Order applies more than four (4) dogs unless that person has reasonable excuse or the owner, occupier or other person or authority having control of the land has consented (generally or specifically) to his failing to do so. The maximum penalty on conviction will be a fine not exceeding level 3 on the standard scale (£1,000 as at 24th January 2014).

Representations can be made in writing to Andrew Weaver, Head of Environmental Health, Environmental Protection, Mulberry Place, 5 Clove Crescent, London E14 1BY or by email to environmental.health@towerhamlets.gov.uk. The closing date for receipt of representations is 6th March 2014.

**DAVID GALPIN
HEAD OF LEGAL SERVICES (COMMUNITY)
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON
E14 2BG
(MY REF.: L/C/LAD/CEHCRS.157 /PG)**

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Flat 11, Gwynne House, Turner Street, London, E1 2AG **PA/13/2903/MCH**

Proposed replacement of windows in Living room and bedroom

96 Narrow Street, London, E14 8BP **PA/13/3145/IOL**

Application for variation of a condition following granting of planning permission Ref: PA/11/03183, dated 31/01/2012

Amendments sought:

- 1) Introduction of pavement light to the east side of the property to allow light into basement
- 2) Replacement of two windows on rear elevation with French doors
- 3) Replacement of rooflight with dormer extension

141 Brick Lane, London, E1 6SB **PA/13/3194/SHT**

3rd floor roof extension to existing 2 bedroom duplex flat to create a 3 bedroom flat and roof terrace. Alterations to the rear elevation at 2nd floor level.

Bow Road Lt Station, Bow Road, London, E3 4DH **PA/14/47/IOL**

Installation of wireless access points (colour matched) in ticket hall and platform areas.

Installation of conduit (colour matched) from existing network sources to access points.

2-12 Cambridge Heath Road, London, E1 5QH **PA/13/3133/SHA**

Change of use of the first floor from office to 7 residential flats consisting of 2 x 1 bed and 5 x 2 bed room self-contained flats. Internal alterations to ground floor and erection of a three storey rear extension and associated works.

51 Prospect Place, London, E1W 3TJ **PA/13/3043/SHT**

The proposal is a loft conversion - extending the external walls upwards in matching materials and rebuilding the roof at the higher level to match the existing pitch and adding Velux rooflights.

Central House, 59-63 Whitechapel High Street, London **PA/13/3162/MCH**

Artist designed large scale signage stating 'Art Makes People Powerful', designed by acclaimed artist Patrick Brill

Adjacent to Gracehill House and Ockbrook House, Hannibal Road, London **PA/14/2939/LAB**

Erection of gated bin store over a footway between Gracehill House and Ockbrook House

Suttons Wharf North, Palmers Road, London **PA/13/2938/JJI**

Application under s.73 of the Town and Country Planning Act for a variation of Condition 22 of the Planning Permission PA/11/3348 dated 30/03/12 to seek minor material amendments to the approved Block A of the Suttons Wharf North development comprising:

- Removal of two ground floor links between building A1 and A2; and A2 and A3 and creation of three separate D1 Use Class units (390sq.m; 495sq.m; and 390sq.m).
- Insertion of an additional internal floor level (no resulting increase of heights to the consented buildings),
- Alterations to the dwelling mix within Block A, resulting in a net increase of 41 residential units.
- other associated external alterations.

208A Brick Lane, London, E1 6SA **PA/13/2836/KHA**

Change of use from office use (B1) to mini cab office and beauty salon (Sui Generis)

208A Brick Lane, London, E1 6SA **PA/13/2837/KHA**

Proposed hanging sign (light box) to advertise the beauty salon with the name of the company and a logo. Fascia sign to advertise the Mini-cab service.

131 New Road, London, E1 1HJ **PA/13/02989/SHT**

Proposed change of use of First, Second and Third Floor to B1 office use
Proposed shopfront alterations including installation of second door

515 Cambridge Heath Road, London, E2 9BU **PA/14/17/KFL**

Application for change of use from vacant shop (Sui generis) to a drinking establishment (Use Class A4).

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

43 - 45 Antill Road, London, E3 5BT

PA/14/23/KFL

Erection of a single storey second floor roof extension to provide additional bedroom and ensuite shower room.

519-523 Cambridge Heath Road, London E2 9BU

Erection of Three additional storeys above the existing building to provide 9 residential units in First, Second, Third and Fourth Floors and to retain Commercial use (A2 Use Class) on the ground floor

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 3rd February 2014

OWEN WHALLEY

Head of Planning and Building Control



Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Public notices

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Spitalfields Music has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: Arnold Circus, E2

The licensable activity is the provision of Live Music for performances of Crowd Out on Saturday 21st June 2014 and the timings are as follows:

09:00 – Road Closed
10:00 – 14:30 – Rehearsals
15:30 – 19:00 – Performances
20:00 – Road Opened

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London, E14 2BG.
Website: www.towerhamlets.gov.uk
Tel: 0207 364 5008

Representations must be received no later than 21/02/14.

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000).

LONDON BOROUGH OF TOWER HAMLETS THE CLEAN NEIGHBOURHOODS AND ENVIRONMENT ACT 2005, PART 6, CHAPTER 1, SECTION 55 THE DOG CONTROL ORDERS (PROCEDURES) REGULATIONS, REGULATION 3 NOTICE OF A PROPOSAL TO MAKE A DOGS ON LEAD ORDER

NOTICE IS HEREBY GIVEN that the Council of London Borough of Tower Hamlets intends to make a Dog Control Order under the above Act and the land to which it is proposed that the Order will apply is:

All highways including all roads, footways, footpaths, alleyways and grass verges within the London Borough of Tower Hamlets

All car park areas that are:

- (i) open to the air (which includes land that is covered but open to the air on at least one side); and
- (ii) to which the public are entitled or permitted to have access (with or without payment) within the London Borough of Tower Hamlets, irrespective of ownership

For the purposes of the Act land which is covered is to be treated as land which is "open to the air" if it is open to the air on at least one side.

The Dog Control Order (described as a "Dogs on Lead Order") will make it an offence if a person in charge of a dog at any time on any land to which this Order applies does not keep the dog on lead unless that person has reasonable excuse or the owner, occupier or other person or authority having control of the land has consented (generally or specifically) to his failing to do so. The maximum penalty on conviction will be a fine not exceeding level 3 on the standard scale (£1,000 as at 24th January 2014).

Representations can be made in writing to Andrew Weaver, Head of Environmental Health, Environmental Protection, Mulberry Place, 5 Clove Crescent, London E14 1BY or by email to environmental.health@towerhamlets.gov.uk. The closing date for receipt of representations is 6th March 2014.

**DAVID GALPIN
HEAD OF LEGAL SERVICES (COMMUNITY)
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON
E14 2BG
(MY REF: L/C/LAD/CEHCRS.157 /PG)**

LONDON BOROUGH OF TOWER HAMLETS TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

Former Site at 58 To 64 Three Colts Lane And 191 To 205 Cambridge Heath Road, Cambridge Heath Road, London **PA/14/20/JJI**

Application for a s.73 Application under the Town and Country Planning Act to vary conditions of Planning Permission PA/11/3785, dated 20/11/12 to seek:

- a) A minor material amendment through variation of Condition 2.

Amendments:

- Elevational changes; alteration to the internal layouts and footprint of the building to the south to facilitate Network Rail buffer zone;
 - Removal of basement within Block A and reduce on-site car parking provision from 23 spaces to 6 (4 disabled spaces);
 - Changes to the dwelling mix in Private, and relocate tenures in blocks;
 - minor alterations to cycle parking and refuse provisions; and
 - Reduction in commercial and B1(a) Use by removal of mezzanine level from consented 1,224sq.m to 906sq.m.
- b) Variation of conditions 9; 12; 13; 18; 19; 23 and 25 to alter the wording of conditions to reflect the changes mentioned.

Suttons Wharf North, Palmers Road, London **PA/13/2938/JJI**

Application under s.73 of the Town and Country Planning Act for a variation of Condition 22 of the Planning Permission PA/11/3348 dated 30/03/12 to seek minor material amendments to the approved Block A of the Suttons Wharf North development comprising:

- Removal of two ground floor links between building A1 and A2; and A2 and A3 and creation of three separate D1 Use Class units (390sq.m; 495sq.m; and 390sq.m).
- Insertion of an additional internal floor level (no resulting increase of heights to the consented buildings),
- Alterations to the dwelling mix within Block A, resulting in a net increase of 41 residential units.
- other associated external alterations.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 3rd February 2014

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL



Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – BEN JONSON ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Ben Jonson Road between its junction with Carr Street and its junction with Harford Street.

The restriction on vehicular traffic will enable new gas connection works to be carried out on the public highway by tRiIO on behalf of National Grid Gas.

The alternative route will be via Harford Street, Mile End Road, Burdett Road, St. Paul's Way and Ben Jonson Road and vice versa.

The restriction on vehicular traffic will operate from Tuesday 25th February 2014 to Monday 10th March 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 3rd February 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

THE CLEAN NEIGHBOURHOODS AND ENVIRONMENT ACT 2005, PART 6, CHAPTER 1, SECTION 55

THE DOG CONTROL ORDERS (PROCEDURES) REGULATIONS, REGULATION 3

NOTICE OF A PROPOSAL TO MAKE A DOGS EXCLUSION ORDER

NOTICE IS HEREBY GIVEN that the Council of London Borough of Tower Hamlets intends to make a Dog Control Order under the above Act and the land to which it is proposed that the Order will apply is:

All children's play areas that are:

- open to the air (which includes land that is covered but open to the air on at least one side); and
- to which the public are entitled or permitted to have access (with or without payment) within the London Borough of Tower Hamlets, irrespective of ownership.

All fenced sports areas that are:

- open to the air (which includes land that is covered but open to the air on at least one side) irrespective of ownership; and
- to which the public are entitled or permitted to have access (with or without payment) within the London Borough of Tower Hamlets, irrespective of ownership.

For the purposes of the Act land which is covered is to be treated as land which is "open to the air" if it is open to the air on at least one side.

The Dog Control Order (described as a "Dogs Exclusion Order") will make it an offence if a person in charge of a dog at any time takes the dog onto, or permits the dog to enter or to remain on, any land to which the Order will apply unless that person has reasonable excuse or the owner, occupier or other person or authority having control of the land has consented (generally or specifically) to his failing to do so. The maximum penalty on conviction will be a fine not exceeding level 3 on the standard scale (£1,000 as at 24th January 2014).

This offence does not apply to a person who is registered as a blind person in a register compiled under section 29 of the National Assistance Act 1948, or to a person who is deaf, in respect of a dog trained by Hearing Dogs for Deaf People (registered charity number 293358) and upon which he relies for assistance; or to a person who has a disability which affects his mobility, manual dexterity, physical co-ordination or ability to lift, carry or otherwise move everyday objects, in respect of a dog trained by prescribed charity and upon which he relies for assistance.

Representations can be made in writing to Andrew Weaver, Head of Environmental Health, Environmental Protection, Mulberry Place, 5 Clove Crescent, London E14 1BY or by email to environmental.health@towerhamlets.gov.uk. The closing date for receipt of representations is 6th March 2014.

DAVID GALPIN
HEAD OF LEGAL SERVICES (COMMUNITY)
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON
E14 2BG
(MY REF.: L/C/LAD/CEHCRS.157 /PG)

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – BEKESBOURNE STREET E14

NOTICE IS HEREBY GIVEN, having consulted with Transport for London, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of

carriageway in Bekesbourne Street under the railway bridge between its junction with Ratcliffe Lane and its junction with Commercial Road.

The restriction on vehicular traffic will enable essential works under the railway bridge to be carried out on the public highway by Centurion Traffic Management Limited on behalf of Network Rail.

The alternative route for vehicular traffic will be via Ratcliffe Lane, Butcher Row and Commercial Road.

The restriction on vehicular traffic will operate from Tuesday 11th February 2014 at 22:00 hours until Wednesday 12th February

2014 at 06:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 3rd February 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – WAPPING HIGH STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Wapping High Street between its junction with Clave Street and its

junction with Wapping Dock Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Jane McDonald City Lifting.

The alternative route for vehicular traffic will be via Wapping Lane, Prusom Street, Garnet Street and Wapping High Street and vice versa.

The restriction on vehicular traffic will operate on the following two weekends when temporary traffic signs and cones are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002:

a) On Saturday 8th February 2014 from 08:00 hours until 16:00 hours;

b) On Saturday 15th February 2014 from 08:00 hours until 16:00 hours.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 3rd February 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

Sitting pretty

Tower Hamlets FC are sitting at the top of the Essex Senior League after a comfortable 3-0 win over Ilford.

SEE BELOW



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Sport

Westcombe in a different league

Millwall put on a good show but opponents prove too strong

BY PETER FAULKNER

MILLWALL Rugby Club's first team gave a good account of themselves, despite going down 22-8 in a friendly against a team from three leagues above.

Millwall held their own for large parts of the clash but could not quite live with Westcombe Park seconds.

The game also saw the return of last year's team manager Tom Ronanye, who from the whistle showed he had lost none of the flare he showed last year.

Millwall's second team had an easier time, winning 45-35 in a home game at Hackney Marshes against Billericay.

They got off to a dream start with Ed Rice going over for the first try within 30 seconds.

Scott Vinnicombe, Millwall's

youth and ladies coach, scored the first of his 15-point haul to get the conversion.

It was a high tempo game that saw five more tries and a 100 per cent conversion rate for Vinnicombe.

Tries: Ed Rice, Alessandro Penna, 2, Dave Osborne, 2, Tendai Horton. Conversions: Scott Vinnicombe, 6. Penalty kicks: Scott Vinnicombe.

The third team had the toughest result going down in a brave 5-50 away loss to Pegasus with only ten men.

■ Millwall Rugby Club has signed a sponsorship deal with a taxi firm and the funding will enable the club to develop, and offer facilities for training, playing, coaching, refereeing and supporting rugby.

Sophie Morris, club communications officer, said: "We are



Millwall's teams had mixed fortunes but have been boosted by a new sponsorship deal

delighted to have Carrot Cars supporting the club.

"The sponsorship will make a real difference to the contribution we can make to sport,

fitness and community engagement in the run up to the 2015 Rugby World Cup and beyond."

Adam Wiltsher of Carrot Cars added: "We are very excited to

have begun this relationship with Millwall Rugby Club.

"It is great to be able to support such a well-run organisation, that is committed to

making a difference in the community we are based in.

"It is fantastic we can help the club in their continued efforts to get people into rugby."

Sport in brief

Hamlets leave it late

TOWER Hamlets are leading the Essex Senior League after this 3-0 win over Ilford at Cricklefield Stadium.

All the goals came in the last 15 minutes to give Ajibola Olatunbosun's side victory and put them in control for the title charge.

Ilford had the better of the chances in the first half but Tower Hamlets, who have won their last three matches, struck in the 78th minute when Joe Killingback finished well.

Luke With doubled the score a minute from time and Stephen Demetriou added the third.

Francis is the Ace

ACE FC ran riot in the quarter final of the Community Football League Cup against E7 Probashi.

A first half hat-trick from Lewis Francis inside 25 minutes set them on their way to a superb victory against one of their main rivals.

Chris Wright made it 4-0 up early in the second half, before E7 pulled a consolation goal back in the 90th minute.

The semi-final draw sees Ace now

taking on Newark and FC Bengals meeting East One.

Quarter final results

FC Bengals 8 SOUL 0, ACE 4 E7 Probashi 1, East One 3 London Central 1, Newark Youth 5 Abohani 3.

Wildcats tame the Lions

LONDON Lions' unbeaten run came to an end with the 72-83 defeat against Durham Wildcats at the Copper Box Arena, but Rod Brown did make a piece of history by becoming the 13th player to make 1,000 British Basketball League assists.

The Londoners had won eight of their nine previous matches, but they were fortunate not to have lost by a greater margin with Durham's Ray Evans missing eight of 12 free throws.

The Wildcats led 21-19 lead after the first quarter and only increased this by one point at half-time.

Durham opened a ten-point lead before Chez Marks, with 29 points overall, reducing the deficit to one again.

Wildcats then took control and increased their lead to 13 points with 30 seconds left on the clock before Joe Ikhinmwin narrowed the gap by two, but it was not enough.

Hat-trick for Repton

REPTON had a hat-trick of victories in Leicester – and the club's former world light-middleweight champion Maurice Hope saw one of his own prospects shine.

Aska Yakita, who is being trained by Hope for the Antigua Commonwealth Games team, made his light-heavyweight debut and pulled off a comfortable points win over Jason Power (Melton Mowbray).

Another debut youngster was Zoard Vincze who gained a majority points win over Alan Wiltshire (Colville) and the hat-trick was achieved by Jake Henry with a clear-cut points win over Tony Rovers (Shilton).

Mitchell's busy 2014

EAST London's Kevin Mitchell could be facing a busy 2014 under his new Matchroom management team.

The new IBF Inter-Continental light-weight champion is scheduled for a slot on the Tony Bellew/Valery Brudov at Liverpool's Echo Arena on March 15.

Having lost to Ricky Burns last year, Mitchell bounced back with wins over Sebastian Benito on points and Marco Lopez.

Then just before Christmas came his IBF title fight with Karim El Quazghari at the ExCel Arena in Docklands and his ninth round technical knockout showed Mitchell has what it takes to land a world title fight this year.

Super fight back

EAST London Hockey Club men's second team came from two goals down to earn a 2-2 draw with Havering seconds at Campion School.

A slow start saw East London 2-0 down at the turn around. A slick start to the second half saw goals from Alex Pooles and Dorn Tyler pull the side level and although the pressure continued, the orange army couldn't get the win.

Egunyemi hits three

A HAT-trick from Belgian striker Alan Egunyemi fired **University of East London's third** string towards their first win of the season, overcoming School of Oriental and African Studies 4-1 at Regent's Park.

SOAS suffered a nightmare start, when on eight minutes, Egunyemi forced the goalkeeper to attempt a rushed clearance, which bounced off

the striker's chest, allowing him to score.

UEL doubled their advantage on 42 minutes, John Silva whipping in a free kick, before SOAS, who had rarely tested Sam Pashley, pulled one back with ten minutes remaining.

Then Jamie Smith handled inside the box in the 86th minute, but SOAS' Abron Kargbo missed the spotkick.

The home side, bottom of the South Eastern 6B League, were then stunned by two goals from hat-trick hero Egunyemi.

UEL hit six to go top

UNIVERSITY of East London seconds returned to the top of Division Four of the British University and Colleges Sport League with a 6-1 win against Herefordshire thirds.

It took UEL six minutes to open the scoring, Dylan Feehily's long throw being headed home by Caney-Brown.

Three minutes into the second half the visitors levelled, but Tew-Robinson header restored UEL's advantage.

Substitute Victor Lelis volleyed home the third before Tew-Robinson put the result beyond doubt.

Late goals from Caney-Brown and Tew-Robinson added some gloss.



Take your place at the table

A free festival and starter programme will attract new talent from the local community leading to integration into Morpeth Table Tennis Club's under-12 programme. For details email...

FESTIVAL@MORPETHTC.CO.UK

Not out of his depth

Chris Nelson has so far endured stifling temperatures, wild seas and more on his round the world trip.

SEE BELOW

Sport

Tournament aims to unearth table tennis stars of the future

BY PETER FAULKNER

A GRANDSTAND table tennis festival for beginners is being staged by the JOOLA Morpeth table tennis club this month

The free two-day festival is part of a wider campaign aimed at recruiting more youngsters in Tower Hamlets for the club's under-12 development programme.

JOOLA Morpeth are trying to engage more young boys and girls in the sport from a young age.

The club say more support is needed for young athletes and their parents who would like to make table tennis their primary number one sport.

In order to play the game at a high standard the club believe that the opportunity should be offered to engage in structured training at an early age, with quality facilities within a club culture.

The format of the campaign will see up to nine exhibitions



Morpeth's Murhad practising his forehand

Photos: Mike Loveder

for more than 12 primary schools, a two-day table tennis festival followed by eight weekly sessions of professional coaching.

The two-day event will consist of one day of demonstrations, coaching and fun play followed on the next day by an

organised "everyone is a winner" tournament.

Both festival and starter programme will be free for all participants and will act as a catalyst to attract new talent from the local community leading to integration into Morpeth

Table Tennis Club's under-12 development programme.

In order to deliver a professional event and continuity in providing a starter coaching course, Morpeth linked up with Focus Table Tennis, a commercial provider of table tennis

events and coaching courses, approved by the English Table Tennis Association.

JOOLA Morpeth chairman John Payne said: "After welcoming Jörg Rosskopf, former world champion from Germany, to the club last year this programme is the next big achievement for us.

"We believe that a professional coaching approach can provide us with the next champion in the next few years."

JOOLA Morpeth Community Table Tennis Club is a new club. The membership covers all levels from beginners and ambitious amateurs to professionals, including four national champions.

Some even competed at the Paralympics in 2012.

Festival details: February 15, (10am to 4pm) fun day with coaching; February 16 (10am to 4pm) 'everyone is a winner' tournament; February 23, free starter programme. Contact Jörg Feist for details at festival@morpethtc.co.uk

Sport in brief

Squash classic is a record sellout

THE 2014 Canary Wharf Squash Classic is a complete sell-out – eight weeks before London's favourite squash tournament takes place.

This PSA World Tour International 50 event is being held at the East Wintergarden from March 24-28 and tournament director Tim Garner made the announcement as he put the 'sold out' signs on the tournament website.

He said: "This is wonderful news, and proves just how popular the tournament has become down the years.

"We are setting up a waiting list should any tickets be returned.

"This is our 11th year of staging the Canary Wharf Classic and the East Wintergarden is the perfect location for the glass court and a full-house venue always provides a wonderful atmosphere.

"In turn, that inspires the greatest players in the world to produce squash of the highest calibre."

Gym to stage charity night

CANNING Town's Trad TKO gym is staging fundraising charity night for the Indee Rose Trust at the Prince Regent Hotel, Chigwell on Saturday, February 22.

For the past few years the gym has staged a boxers versus celebrities charity football match, but this year they were unable to get the venue and it looked as if the event would be cancelled.

But former stars boxers, such as WBU light heavyweight champion Tony Oakey, WBU lightweight champ Graham Earl and British and European bantamweight champion Ian Napa, all agreed to take part after the idea of a charity boxing show was put to them.

The gym has been a backer of the Essex-based Indee Rose Trust, which supports children with childhood brain tumours and their families, for several years.



Diving

TOM Daley has moved to east London in a bid to regain enthusiasm for chasing gold medals. The 19-year-old diver, who won a bronze medal at the London 2012 Olympics but has since been plagued with injury, hopes his relocation to a luxury flat overlooking the Queen Elizabeth Olympic Park will kickstart his bid for Rio 2016. Daley, who has been presenting the TV series Splash, will be able to train at the nearby aquatic centre.

Admirable Nelson is all at sea

Sailing

A LIFE on the ocean waves is not the sort of thing that many people would give their job up for, unless your name is Nelson of course.

Isle of Dogs IT expert, Chris Nelson, did and so far it seems he has made the right choice, although there have been some unexpected hazards like having to sleep below deck in 40 degree heat, drinking rainwater for four days, facing tropical storms and sailing through a monsoon.

And while many were unwrapping presents and tucking into the festive turkey, Chris, 48, was combating wild seas on the other side of the world, as part of the Henri Lloyd crew currently lying in second place in the Clipper Round-the-World race.

Having embarked from St Katharine Docks, Wapping in September, the crew are now on their way from Brisbane to Singapore, where they are expected to dock on



Chris Nelson

February 8. Chris, who is raising money for the Dreams Come True Charity, will be at sea until July, during which time he will sail to such exotic destinations as Brazil, San Francisco, Panama, Jamaica and New York before heading back to Europe.

In his blog, Chris wrote: "The experience

was far more than I expected it to be. Crossing the Bay of Biscay was quite rough, which took a few days to get used to.

"I got to do mother duties during this time so spent a busy day preparing all meals for the day before taking a night off from the 4hrs on, 4hrs off watch system. Luckily I didn't suffer from sea sickness.

"The journey south was interesting, passing Madeira, Canary Islands and then the Cape Verde Islands before entering the dreaded doldrums.

"The temperature below deck was close to 40 which apart from the constant sweating meant very little sleep could be had. We also had the misfortune to have a broken water maker.

"We received about 400 litres of fresh water and the next day we managed to catch a similar amount in a squall so were drinking the rain water for about four days with just a three-litre ration per person per day."



More inside

For stories on rugby, football, hockey, boxing and table tennis...

SEE PAGES 30 & 31



Watching proudly

Sensei Raphael Veras and his wife Patricia Perote, pictured left, saw their son Luan win two gold medals – on the way beating brother Liam, who himself picked up a silver and a bronze.

SEE BELOW



TOWER HAMLETS

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Karate kin in UK medal haul

Patricia Perote and her sons lead the way as Veras Academy fighters shine at national championships

BY PETER FAULKNER

IT was a family affair for the Veras Karate Academy at the national championships in Sheffield for students up to brown belt.

Sensei Raphael Veras saw his son Luan grab two gold medals and two titles – on the way beating brother Liam, who himself picked up a silver and a bronze.

Then Raphael's wife Patricia Perote completed a great day by joining fellow orange belt Bernadette Urrutia and another mum, Dawn Kavanagh, in winning gold medals.

Sensei Raphael took 13 members to the championships and came back with a total haul of ten medals – three gold, two silver and five bronze.

And none performed better than Bernadette Urrutia, 58, a Tower Hamlets employment and training officer at Poplar



Patricia Perote

Harca. Urrutia, who lives near Devons Road, Bow, and has been doing karate since 2009, won the gold medal and the senior team fighting title alongside Perote and Kavanagh.

Then she picked up the bronze in the veterans individual category.

Liam, eight, started the ball rolling by winning silver in the 9-and-under individual kata then he and Luan, nine, with

Emre Oner, also nine, won gold in the 9-and-under team fight.

Liam then won bronze losing in the semi-finals to Luan, who took gold and was crowned champion in the 9-and-under individual fight.

Perote then put up a good fight to win a bronze in the senior female individual kumite for the +68 kilos open grade 18-plus, Urrutia took the bronze in the veterans individual fight while Luke Kavanagh and Archie Gemmell won bronze in the 10-11 years team fight.

Paddy Gemmell, nine, went one better than she did last year winning silver in the 9-years-and-under individual fight category and Lucienne Brown, ten, also put on a great show in the semi-finals and won bronze in the 10-11 years individual fight.

Luca Veras, six, Andrew Eg-bunike, nine, and Shaida Khalik all put on good shows.



Raphael Veras with his squad



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Broaden your beer horizons

Festival returns for another round at the Truman Brewery

SEE PAGE 4



Pregnant with possibilities

Your chance to win tickets to the Baby Show at ExCel

SEE PAGE 6



The brew with a view

Our reviewer tucks into afternoon tea by the river

SEE PAGE 7

ISSUE 995 3 - 9 FEBRUARY 2014

WWW.TOWERHAMLETS.GOV.UK

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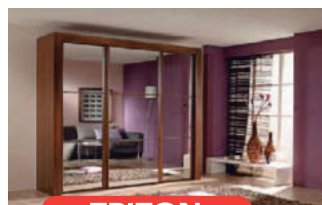


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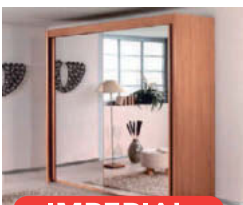
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Emotional journeys

The Little Paper Slipper explores personal accounts of domestic abuse in the form of a suspended installation.

SEE OPPOSITE PAGE

Out & about

ENIGMATIC British soul singer Alice Russell (pictured right) will open Canary Wharf's new After Hours With... series at East Wintergarden later this month. She will be joined on stage by her six-piece band and supported by Gwyn Jay Allen, whose guitar and percussion has graced tracks by the likes of Diana Ross, Maxi Priest and Jamiroquai. Russell has performed at the Montreal Jazz Festival, as well as singing with The Roots in Philadelphia and working with David Byrne. Her versatility, in addition to her voice and song-writing talent, has attracted fans as diverse as Gilles Peterson, Massive Attack's Daddy G and Groove Armada. After Hours with... Alice Russell is on Friday,



February 21 at 7.45pm (doors open 7pm) at East Wintergarden, 43 Bank Street, Canary Wharf, E14.

Tickets at £20 from Seetickets.com on 0871 220 0260, or on the door subject to availability.

Clubs

Boglewaltz

Annual Valentine's party with secret DJ line-up ready to relay eclectic treats from house and electro to drum 'n' bass and dubstep. £10 adv. Sat, Feb 15, 10pm. Arch Gallery, 289 Cambridge Heath Road, E2. www.archgallery.co.uk

Comedy

Knock2Bag East

Comedy night featuring some of the circuit's brightest stars including Nick Helm, Fin Taylor, Flange Kramer, Lolly Adefope and Milo McCabe. £8. Sat, Feb 22, 7.30pm. Rich Mix, 35-47 Bethnal Green Road, E1. 7613 7498 www.knock2bag.co.uk

Events

Anthropomorphic Mouse Taxidermy Class

Taxidermy is the new rock 'n' roll, apparently. To find out why, join Margot Magpie, sharing her skills in the practice of displaying taxidermied animals doing

human things. Take along your own miniature items of dress or decoration if you like. £60. Weds, Feb 19, 7pm. Box Park, Bethnal Green Road, E1. 8133 0182 www.afieldguide.org

Bedtime Story Nights

Put on your most glamorous pyjamas and nightgowns for this evening of storytelling in a flamboyantly decorated Queen Anne hotel. Features performances from regulars Sally Pomme Clayton and Nell Phoenix. £30. Weds & Thurs, Feb 12 & 13, 7pm.

40 Winks, 109 Mile End Road, E1. 7790 0259 www.40winks.org

Chinese New Year

Welcome in the Year of the Horse with a traditional lion dance (Feb 5, 8pm) and, later in the month, with the Chinese Elvis (Feb 11, 7.30pm/9.30pm). Free, booking advised. The Drunken Monkey, 222 Shoreditch High Street, E1. 7392 9606 www.thedrunkenmonkey.co.uk

Future Cinema: Who Framed Roger Rabbit? 2014

The art deco interior of the Troxy will be dressed as the Ink and Paint Club, where Jessica Rabbit makes the punters swoon with her sensual jazz vocals. Join the Toontown gang for a sleazy evening of jazz and cocktails. £43.50/£31.50 concs. Fri, Feb 14-Sun, Mar 9. Dates and times vary. Troxy, 490 Commercial Road, E1. www.troxy.co.uk

Exhibitions

Underground Art

Ross Ashmore spent three years painting every station on the London Underground and finished his labour of love in June 2013 to coincide with the 150th anniversary of the London Underground. Free.

Daily until Feb 28. Oxford House Gallery, Derbyshire Street, E2. www.oxfordhouse.org.uk

War Games

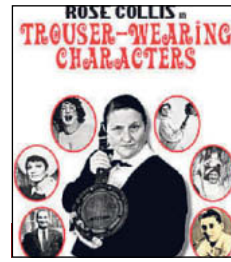
Exhibition for adults and children exploring the role of warfare in children's play from



Trippy synths and dreamy vocals

Polica are an American Synthpop and alternative rock band from Minneapolis, Minnesota founded in 2011 by Ryan Olson and Channy Leaneagh.

[WWW.TROXY.CO.UK](http://www.troxy.co.uk)



Fab four

Stories of four feminine men and masculine women from Rose Collis.

SEE BELOW

Out & about

1800 to the present day. Free.
Daily until Mar 9.
V&A Museum of Childhood,
Cambridge Heath Road, E2.
8983 5200
www.museumofchildhood.org.uk

Michael Chanarin: Illustrated Guide to Wisdom, Version 3.1

Following the success of 2011's Illustrated Guide for the Confused, Chanarin returns with new work inspired by the pen and ink illustrations used in children's morality tales of the 1930s-60s.
Until Feb 28. Mon-Fri, 12-6pm,
Suns by appointment.
11 Princelet Street, Spitalfields, E1.
7247 1816
www.elevenspitalfields.com

The Little Paper Slipper

Created by Marie-Louise Jones, the work involved a series of art workshops in refuges with women who have experienced domestic abuse. Free.
Until Sun, Feb 9. Daily from 11am-6pm.
Mother Project Space Gallery, Queens Yard, White Post Lane, Hackney Wick, E9.

Family

Canary Wharf Ice Rink

Last chance to skate on the 1,100sq m rink, and along a skate path through trees lit by fairy lights. Under-13s must be accompanied on the ice by an adult.
£13.50, £9 under-13s, £36.50 family ticket.

Daily from 10am until Feb 16.
Canada Square Park, Canary Wharf, E14.
www.icerinkcanarywharf.co.uk

Kids

Tales Back in Time

Join a Victorian chimney sweep and his puppet friends as they travel back through London's colourful history using music, movement and magic.
Free but pick up tickets from front desk.
Mon, Feb 17. 11am for under-5s; 2pm for over-5s.
Museum of London Docklands, Hertsmere Road, West India Quay, E14.
7001 9844
www.museumoflondon.org.uk/docklands

Music

Polica

Languid trippy synth from the Minneapolis band topped off with Channy Leaneagh's dreamy vocals. £15.
Weds, Feb 12. 7pm.
Troxy, 490 Commercial Road, E1.
<http://www.troxy.co.uk/event/polica/>

Frank Turner and the Sleeping Souls

Politicised, slightly punky, folk from Turner and his backing band. £26.
Weds, Feb 12. 6.30pm.
The O2, SE10.
0844 856 0202
www.theo2.co.uk

A month celebrating LGBT

BY SHAMIMA KHATUN

DIVERSITY is the focus of Tower Hamlets' 2014 celebrations for LGBT History Month.

The council's Idea Stores are holding a number of events to celebrate the contribution, history and experiences of the East End's lesbian, gay, bisexual and transgender community.

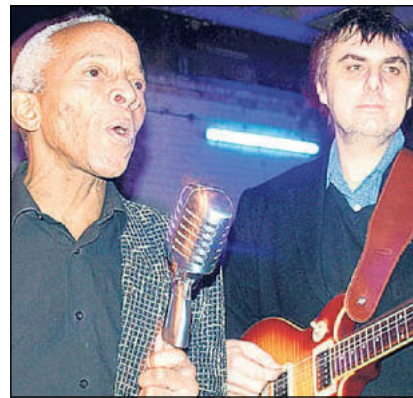
More details below and at www.ideastore.co.uk

Out in Time: a lesbian, gay, bisexual & transgender history of the East End

Exhibition providing a glimpse into the history of LGBT people in the East End – often a story of struggle against adversity and oppression, hidden from history.
Bethnal Green Library, Cambridge Heath Road, E2 until Feb 15. Then Idea Store Watney Market, 260 Commercial Road, E1, Feb 16-28.

The National Archives LGBT Exhibition

Photographs and documents giving an insight into how governments have interacted with and viewed the LGBT community through history.
Idea Store Canary Wharf, Churchill Place, E14. Feb 18-Mar 17.



The Vinyl Closet – Pink, Black & Blues

Entertainment from the musical closet of the pre-gay liberation era (pictured above). Free.

Sat, Feb 22. 7.30-9.30pm.

Joiners Arms, 116-118 Hackney Road, E2.

Local Lives in the Queer Metropolis – talk and discussion

There is a well-established story of 'queer London' since the war which takes in a changing club scene, activism, arrests, Pride and the impact of AIDS. But beyond the West End, Earls Court or Vauxhall, lives in other parts of the city give a more complex sense of the capital. This talk by Dr Matt Cook from Birkbeck, University of London, explores three such lives.

Idea Store Whitechapel, 321 Whitechapel Road, E1 on Fri, Feb 21. 6.45-8.45pm.

Other events

Rose Collis in Trouser-Wearing Characters

The stories of four 'masculine women and feminine men'.

From Tues, Feb 5. 7-9pm. Also, Fri-Sun, Feb 14-16. 7-9pm. Tickets £6, £5 concs.
The Gallery Café, 21 Old Ford Road, E2.
www.rosecollis.com

Winter Pride UK Awards

Highlights outstanding contributions to art and culture within the LGBT community, featuring awards such as Best DJ, Personality of the Year and many more. Hosted by Jodie Harsh. After party until 4am.

Sat, Feb 8. 9pm-4am. £75, £25, £11.50 adv.
Tobacco Dock, 50 Porters Walk, E1W.
winterprideuk.com

What's inside the local archives?

Explore material reflecting LGBT history in Tower Hamlets. Free.

Thurs, Feb 13. 6.30-7.30pm.

Local History Library & Archives, 277 Bancroft Road, E1.

Theatre

Ham

Crazy comic one-man retelling of the story of Noah from the point of view of the Ark builder's disobedient son, from writer Nathan Wood.
£12/£8 concs.
Tues Feb 4-Sat, Feb 15. 7.30pm.
The Space, 269 Westferry Road, E14.

7515 7799

www.space.org.uk

Static

Coming of age story that spans a decade, from the attack on the World Trade Centre. Created from verbatim news reports and performed with traditional storytelling.

£12/£8 concs

Tues Feb 4-Sat Feb 15. 7pm.

The Space, see above.

Walks

Occupy London Walking Tours: Canary Wharf

Take a journey through the 2007/8 financial crisis, as you stroll through Canada Square.

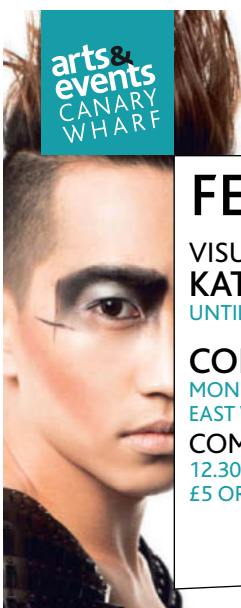
You can help the organisers try to set up an offshore bank account with Barclays, make a 'credit default swap' and visit the remains of Lehman Brothers. Free.

Thurs Feb 20. 7pm.

Meet at Canary Wharf Tube station, Isle of Dogs, E14.

07749 552063

www.occupytours.org



FEBRUARY 2014 PROGRAMME OF EVENTS

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KATE MALONE - A CELEBRATION OF CLAY
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12.30-2PM (DOORS 12.15PM) / 3-4.30PM (DOORS 2.45PM)
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CANARY WHARF COMEDY CLUB

TUESDAY 18 FEBRUARY / 7.15PM (DOORS 6.30PM)
EAST WINTERGARDEN / £12

VIVA LA 80S!

THURSDAY 20 FEBRUARY / 7.30PM (DOORS 6.45PM)
EAST WINTERGARDEN / £15

AFTER HOURS WITH... ALICE RUSSELL

FRIDAY 21 FEBRUARY / 7.45PM (DOORS 7PM)
EAST WINTERGARDEN / £20

FOR MORE INFORMATION VISIT
CANARYWHARF.COM

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5 Clove Crescent, London E14 2BG
or fax: 020 7364 4384 tel: 020 7364 4682
or email: terri.knight@towerhamlets.gov.uk

Messages received after 1pm on Tuesday 4th February 2014 will not appear.

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WWW.CRAFTBEERRISING.CO.UK

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Argentinian tango E14

Class. Sat 2-5pm. £5.
St John's Community Hall,
37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American

Fri, 2-4pm, £2.50, 20p refreshments.
Kingsley Hall, Powis Road, E3.
8550 1392

Belly dancing

Beginners' belly dancing classes. Sats, 2-3pm, £6.
Oxford House,
Derbyshire Street, E2.
07796 850506

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm.
Free. Alpha Grove Centre,
Isle of Dogs, E14
7538 1714

Energize4Girllz

South African gumboot dancing. Every other Saturday from 11am-12:30pm.
St Pauls Shadwell Church,
302 The Highway, E1.
energize4girllzdance@gmail.com

Green Candle Senior Dance

Over-60s, no experience is necessary.
Tues, 10.30am-12.30pm, free.
Oxford House, Derbyshire Street, E2.
7739 7722

Salsa

For dancers of all experience, followed by dancing until midnight. Prices vary. Every Tues & Weds, 7.30-9.30pm.
The Urban Bar, 176
Whitechapel Road, E1.
07932 658861

AFTER a successful first outing last year, Craft Beer Rising returns to the Old Truman Brewery with its heady mix of artisan brews, street food and music. From February 21-23, forty producers will serve up about 200 beers to novices and aficionados. Music will be provided courtesy of DJs, including Pet Paphides on Saturday afternoon and Mr Scruff on Sunday afternoon.

And there will be street food to help you keep your strength up, beer cocktail-making classes for those who feel their brews need some added pep, a pop-up bar serving just London beers and a Saturday after-party at Shoreditch's Brewdog.

It starts at 7pm on Friday, February 21 and runs until Sunday, February 23 at Old Truman Brewery, 91 Brick Lane, E1. Tickets cost £15-£20.
7639 5556 www.craftbeerrising.co.uk



Zumba Fitness classes

Open to all adults. Every Thursday from 7-8pm.
Glamis Residents' Hall,
414 Cable Street, E1.
07946 483246
ilona.charles@hotmail.co.uk

Zumba classes

Every Tues 11.15am-12.15pm. £1.
St Matthias Community Centre, 113 Poplar High St, E14.
7515 8362

Kids

Ballet

Classes every Thurs – ages 3-5 yrs, 3.50-4.25pm, £4; ages 6-11 yrs, 4.25-5.10pm, £4.

Alpha Grove Centre,
Isle of Dogs, E14.
7538 1714

Children's dance classes

Tap, ballet and modern jazz.
Thurs, 4-6pm, term-time only.
£1.50. Dockland Settlements,
197 East Ferry Road, E14.
7093 3146

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm.
Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' Creative Dance Classes

For ages 2-11 on Sat mornings.

£44-49.50 per term or £4.50/£5 per term, plus concessions.
Chisenhale Dance Space,
64-84 Chisenhale Road, E3
8981 6617
chisenhaledancespace.co.uk

Pollyanna Training Theatre

Drama and musical theatre for ages 4-16 in Wapping, E1.
7481 1911

Rhyme time

Thurs, 2-3 pm.
Idea Store Watney Market,
30-32 Watney Market, E1.
7790 4039

Young & talented?

Performing arts group for 6- to 16-year olds. Sats, 10.30am-1.30pm, term-time.
Oxford House,
Derbyshire Street, E2.
8556 5348

Music

Creative Unity steel band

Steel pan classes Thurs, 6.30-8.30pm.
St Matthias Community Centre,
113 Poplar High Street, E14.
07808 847974

Parent & child

Dance play

Dance and movement for parents/carers and their children aged 1-4. Weds, 10-11am. £3.50/class or £2/class if paid termly.
Language of Dance,
Oxford House,
Derbyshire Street, E2.
7749 1131

Island Tots

For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time.

FREE Microchipping from Dogs Trust!

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Bethnal Green Gardens –
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Cornwall Avenue, E2 0HE
Thursday 6th February,
11-3pm

Wapping Green
Watts Street, E1W 2RL
Wednesday 12th February,
10-2pm

Mile End Park –
By the dog gym at the end of
Copperfield Road, E3 4HL
Monday 17th February,
10-2pm

Millwall Park –
Near the entrance of
Manchester Road, E14 3AY
Tuesday 25th February,
10-2pm

Contact 0207 8370006 for more details or visit www.chipmydog.org.uk

*Offer open to dog owners aged 18 or over regardless of benefit status, subject to availability and resources of the charity. Please note that Dogs Trust does not currently fund any other veterinary treatment. No appointment needed. We strongly advise that puppies being chipped are fully vaccinated beforehand. We reserve the right to ask for proof of vaccination. We cannot chip any other pets at this event. The Promoter: Dogs Trust, 17 Wakley Street, London, EC1V 7RQ. Registered Charity Numbers: 227523 and SC037843.



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As from the 6th April 2016
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Take it to the bridge

Tower Bridge was the creation of architect Sir Horace Jones and civil engineer Sir John Wolfe Barry. It took eight years to complete and was officially opened on June 30, 1894.

Get a Life!

55 Club, Samuda Estate,
Stewart Street, E14.
7538 3292

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling.
07958 645978
www.clareday-yoga.co.uk

Dance play

Dance and movement for parents/carers and their children aged 1-4. Weds, 10-11am. £3.50/class or £2/class if paid termly. Language of Dance, Oxford House, Derbyshire Street, E2.
7749 1131

Social

3 Bees Café

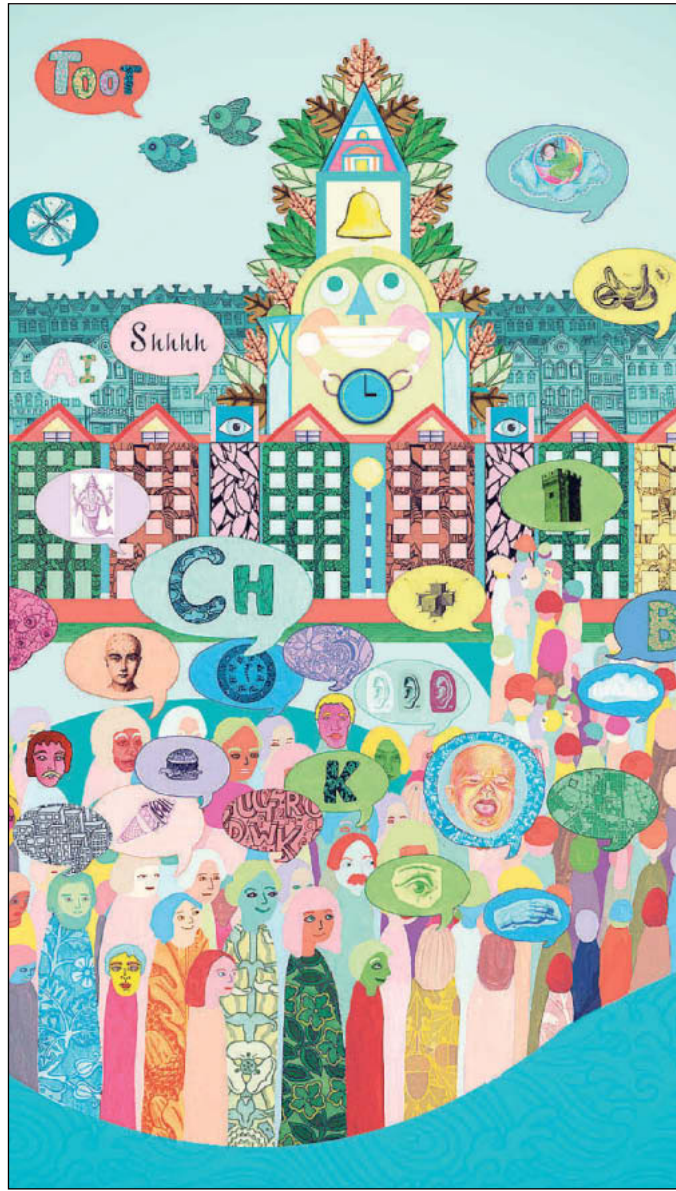
Healthy vegetarian and fish dish, served for just £3, takeaways available. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3.
07501 468 193

Asian deaf/hard of hearing people drop-in times

Tues, 10am-1pm, free. Trinity Centre, Key Close, E1.

TOWER Bridge is launching Art at the Bridge #5 this week giving local talent the chance to show their work to an international audience. On display in the atmospheric Engine Rooms, once the powerhouse of the Victorian structure, the exhibition's theme will be Connections, both physical and emotional, reflecting the bridge's role in connecting culture and communities.

Ten works of art by disabled artists will be on view, covering a range of mediums, including paintings, prints, photos, drawings and mixed media. The exhibition opens on Friday, February 7 and runs until August 7. Admission is included in the entry fee for Tower Bridge, which is £8/£5.60/£3.40. Open daily from 10am to 6pm. (Right) Bells and Whistles by Sarah Underwood



7790 8478
minicom 7791 0105

Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds, 1-4pm
50 Saltwell Street, E14.

Fern Street Settlement Club

Fern Street, E3.
7987 1949

Golden Ladies

Pensioners group for bingo and social. Weds, 2-4pm.

Dockland Settlements,
197 East Ferry Road, E14.
7987 6824

Little Spitz' under-5s playgroup

Sun, 10am-12pm, 50p. Tours and stories. Spitalfields City Farm, Buxton Street, E1.
7247 8762

Tower Hamlets U3A

Tower Hamlets University of

the Third Age offer courses for over-50s to learn T'ai Chi, jazz appreciation, art appreciation, history walking. £7.50 yearly. Various days and times. St Margaret's House Settlement, 21 Old Ford Road, E2.
7247 4283

Do you have news for us?
Send your diary dates to eastendlife.news@towerhamlets.gov.uk

breathing space

Mindfulness courses and retreats

Breathing Space at the London Buddhist Centre in Bethnal Green teaches Mindfulness Based Approaches to prevent relapse into depression and addiction, and to manage stress and anxiety. Our courses and retreats are run in a beautiful self-contained space at the London Buddhist Centre, and at our picturesque retreat centre in the Suffolk countryside. They are not Buddhist activities and you do not need to be a Buddhist to come on them.

Stay Free from Addiction

6-week course in Mindfulness Based Addiction Recovery (MBAR)

- Wednesdays from Mar 26 to Apr 30 2014, 7.15-9.45pm.
- Free places available for residents of Tower Hamlets on a low income. To apply for a free place call us or go to www.breathingspacelondon.org.uk/booking-programme/free-places

Stay Free from Depression

8-week course in Mindfulness Based Cognitive Therapy (MBCT)

- Thursdays from Apr 10 to May 29 2014, 7.15-9.45pm.
- Free places available for residents of Tower Hamlets on a low income. To apply for a free place call us or go to www.breathingspacelondon.org.uk/booking-programme/free-places

Retreats — Introduction/Refresher to Mindfulness for Health

Mindfulness-based Approaches for Depression and Addiction retreats, held at our beautiful retreat centre in the Suffolk countryside.

- Sunday Mar 23 to Tuesday Mar 25 2014

Stress Relief Retreat for Carers

Free 2-day retreats for carers in Tower Hamlets Retreat in the Suffolk countryside, teaching carers simple tools to manage stress and anxiety.

- March 17 - 19
- March 19 - 21

Stress Relief Drop-in for Carers

Free drop-in sessions every Tuesday 11.15am-12.45pm for carers

Relaxation and a chance to meet other carers. Held at the London Buddhist Centre in Bethnal Green. No need to book, just come along.

To apply or get more information visit www.breathingspacelondon.org.uk or call 020 8981 1225.

To place an ad in East End Life, call...

Sharan on 7364 4061

Chris on 7364 4994

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Good causes

The Baby Show supports Genesis Research Trust as its official charity.

You've got to be in it to win it...

To enter the competition below, send your name, address and phone number on a postcard, with the right answer, to: East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG by Wednesday, February 12.

WWW.THEBABYSHOW.CO.UK

Reader offers

Busy thinking about baby

BY STAFF REPORTER

The UK's number one pregnancy and parenting event returns to ExCel from February 21-23.

With more than 200 exhibitors showcasing baby and maternity products and services, as well as leading brands for mums, babies and toddlers, The Baby Show is an exciting and informative family experience.

Visitors will also have access to exclusive offers and savings that can't be found on the high street.

An exciting addition for 2014 is the Meet the Midwives clinic, a complementary drop-in service where expectant parents can meet with an experienced midwife and seek advice on pre- and post-pregnancy queries.

Back again by popular demand is The Baby Show Stage with **Made for**



Mums.com, which will feature industry experts offering tips and insight on a variety of pregnancy and child development topics.

There will be a busy schedule full of fun activities for babies and toddlers, Fisher Price prize giveaways, plus baby and maternity fashion shows.

In addition to the choice of exhibitors and expert speakers, The Baby Show makes shopping easy for parents and parents-to-be, who are encouraged

to use the facilities provided to ensure a stress-free day. Areas include:

■ The Activity Zone by Zinplex Junior, a fun activity centre filled with games and classes.

■ Emma's Diary Shop & Drop and Collect by Car service, available throughout the weekend. Visitors can drop off shopping bags for some hands-free shopping time, collect before leaving or head to the car hands free and drive around to pick up their shopping.

■ Fisher Price crèche.

Visitors will also have complementary access to The Work & Family Show taking place alongside The Baby Show from February 21-22.

The show will provide visitors with everything required to create the ideal balance between work and family.

For further information visit www.thebabyshow.co.uk

East End Life has teamed up with the organisers to offer readers five pairs of tickets for the show.

Just answer this question and send your answer to the address above by Wednesday, February 12.

Q: Name one of the areas you can visit at the show.

And if you're not one of the lucky winners, organisers are offering East End Life readers a discount on ticket prices – you can get in for £11.95 as opposed to the standard £20 price. Just enter the code **BCoo2** at <http://babyshow.excel.seetickets.com/?offercode>

And, to top it all off, exhibitor Yoomi is also offering an 8oz Feeding System, retail price £23.50, to two lucky readers. Just put Yoomi on the bottom of your entry to be part of the prize draw.

See what the company has to offer



Experts offer tips and insight

IN YEAR 11/12? WANT A CAREER IN MUSIC?

Opening in East London, ELAM is the brand new digital arts and music academy founded by Sir Nick Williams (of The Brit School) and Will Kennard (of Chase & Status) to name a few. You'll learn all about the music industry, from music production, to business and performance, from the best in town. Our doors open in September, and you don't even have to be from East London to apply.

Our next taster day is on:

**TUESDAY
18TH FEBRUARY**

For more information please contact info@elam.co.uk



elam2014



Win £25 of food vouchers with Trigger

Take a picture of yourself eating or preparing Trigger's recipe for vegetable enchiladas or write a review of how it tastes and you could win £25-worth of supermarket vouchers.

WWW.MYSCHOOLLUNCH.CO.UK/TOWERHAMLETS

Boost your business

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4940

Eating out, eating in

Go up west, out east

Blu with a view serves up riverside teatime treat

BY HARTY HARRIET

THERE'S nothing more wonderful than an afternoon full of tea and cakes, especially when it's inspired by the Mad Hatter's tea party.

I've always travelled into central London for afternoons like this so when I discovered that the Radisson Edwardian Blu New Providence Wharf hosted an afternoon tea, being a local girl, I had to go and try it out for myself!

We went as a group of six to Scoff and Banter, to celebrate a birthday. As soon as we arrived we were greeted by name and taken through to the conservatory where we were seated at our table.

This was beautifully decorated with pretty china cups and saucers and all of the tables in the conservatory boast a great view of the Thames and the O2 arena. It was picturesque in the afternoon winter sun.

We were first offered a variety of teas, some of which were quite unusual such as the jasmine flowering tea. Not the most flavoursome but definitely the prettiest.

Then came the tiers of finger sandwiches, scones with clotted cream and jam, jelly, tarts and other sweet treats. We tried everything on offer and there was something for everyone.

The service was impeccable. Someone was always at hand to make sure we had enough tea. The staff on the day made a huge fuss over the birthday girl as well,



The Radisson Edwardian Blu is picturesque in the afternoon sun

bringing out a birthday tart for her with a candle in, whilst singing Happy Birthday.

The only negative I had about the day was that our request for extra vegetarian sandwiches was missed and we had to ask again once the food had been served.

As soon as we brought up this problem, however, we were given a whole plate of extra vegetarian fare.

The afternoon was perfect and we all left feeling very full and spoilt.

For £19.50 per person, it's a value for money experience that feels like a central London day out. I would highly recommend it.

Scoff and Banter is at the Radisson Edwardian Blu New Providence Wharf, 5 Fairmont Avenue, E14. Tel: 7987 2050.

Mexico munchin'

EVERY month the council's school meals service provides a tasty recipe from Trigger's school meal menu for you to try at home.

The recipes are delicious and easy to prepare.

Trigger really likes this dish

as it contains a good balance of the essential nutrients in just one dish.

The protein source is vegetable mince which is low in saturated fats – that can only be good for your heart.

You can experiment with any

vegetables that you like

but we have

used roasted peppers, courgettes and aubergines.

This is a great dish to involve all the family in preparing, cooking and serving.



Vegetable enchiladas – serves 6

Ingredients

6 x 6in tortilla wraps
150g vegetables of your choice
200g vegetable mince
Tin of gungo beans
One red onion, chopped

2tbs tomato purée
80g grated Cheddar
Half tsp chilli powder
1 tsp garlic powder
Half tsp coriander
Half tbs rapeseed oil

Method

1. Dice the vegetables into one inch cubes and roast in a hot oven, with a little oil, for 40 minutes.

2. Fry the onions until soft and add the gungo beans, roasted vegetables, vegetarian mince, and seasonings. Cook for 15

minutes, stirring regularly.

3. Stir in tomato paste.

4. Lay the tortillas on a work surface and divide the filling equally. Roll up and place on a baking dish.

5. Top with grated cheese and bake in the oven for 10 minutes, gas mark 4/180°C.

London Borough of Tower Hamlets

Shop to Let in Vallance Road E1

Please call 020 7364 4084 for details



GCSE EXAM REVISION

Are you 15-16yrs old? Do you have GCSE exams in the summer?

Would you like personalised revision sessions and teaching to bump up your predicted grade? At affordable prices? If 'yes' then join the Osmani Trust Youth Academy and make the most of the **NEW GCSE Exam Revision** we are offering at an amazing **£15 per week** only!

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Location: Osmani Centre, E1 5AW **Day:** Saturdays 2pm – 5pm **Time:** 3 hours (1hr per subject) **Term:** 12 weeks **Cost – Small Groups:** £15 per week (£180 per term – 12 weeks) **Cost – 2-to-1:** £40 per week (£480 per term – 12 weeks) **Dates:** Sat 1st March – 31st May

Register now: In Person: Sabena Begum, Osmani Centre, 58 Underwood Rd, White-chapel, E1 5AW **Phone:** 020 7247 8080 **Deadline for Registration:** 28th February 2014
For further enquiries contact **Email:** aniqa.khaliq@osmanitrust.org

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